



Vol. 18 No. 5

THE ARNDELL ADVOCATE

March 14 2008

The Newsletter of Arndell Anglican College

Arndell Anglican College
PO Box 4063, Pitt Town, NSW 2756
118 Wolseley Road, Oakville 2765
Phone: (02) 4572 3633
Fax: (02) 4572 3849

Email: enquiries@arn dell.nsw.edu.au

Arndell Anglican College

Website: www.arn dell.nsw.edu.au

Dates for the Diary:

Monday 17 March

HZ Swimming Carnival – Homebush

- **Twilight & Evening Carnival: best wishes to all our swimmers.**

Tuesday 18 March

College Easter Service – 7pm PA

Vaccinations for Yrs 7 to 10

Yr 11/12 Visual Arts Exc.

- **Final Blazer Fitting**

Wednesday 19 March

Yr 11 Geography Excursion – Sydney Olympic Park

Thursday 20 March

- **Pupil Free Day**

Friday 21 March to Monday 24 March

- **Easter Break**

Tuesday 25 March

- **School Resumes**

Yr 11 PDHPE/Hosp/E'tainment First Aid Course

Wednesday 26 March

- *** Yr 7 Meet the Homeroom Tutor, 7:00pm**

Yr 11 PDHPE/Hosp/E'tainment First Aid Course

Thursday 27 March

Yr 10 Voc. Testing – make up session

Yr 7 R/B/W French Inc

Friday 28 March

Scholarship Registration Closes

Jnr. School Awards Assembly

Snr. School Chapel

Yrs 9/11 French Elective Exc.

Monday 31 March to Friday 4 April

Yr 12 Mid Course Exams

- **Focus, Year 12's, Focus!**

Monday 31 March

AICES Swimming/Diving Carnival – Aquatic Centre

CSSA Girl's Soccer Selections

Jnr. School SASC Student/Leaders Meeting

Tuesday 1 April

Netballs trials – William Clarke College

From The Headmaster:

Dr John Goddard

Interesting – and highly commendable – achievements!

- Chris Barbera of Year 11 is making a real splash as double bass player in "Threefold", a marvellous jazz trio (plus piano and drums) which plays at the Sebel on Thursday nights. Those who have been along so far have all spoken very highly of Threefold's expertise and music ability. You might also catch Chris at The Mean Fiddler in a five piece band or in a Big Band (17 + players!) when they tour Europe later in the year. Go for it Chris!
- Well done to Nickayla Ramm (Year 8) for fine performances in dressage recently: it must be one of the toughest and most tightly disciplined of all activities, requiring exceptional unity between rider and horse. Well done Nickayla!
- Mikaela Brokenbrow (Year 9) has recently completed her first Black Belt in Karate. After four years in this sport, Mikaela has achieved at a very high level – in fact, in the **top** level and we congratulate her most warmly.

Have you been into the Junior School Library?: probably not, because, if you had, you would still be there, so enticing and entraining is it now under Mrs Miller. Please call in – experience it! And read Mrs Miller's letter in this newsletter.

Parent Tips is a feature sent to schools once a month and, as its name implies, it is in fact directed mainly at parents. I can only endorse the current feature, which is on what a school might ask of Year 12 Parents and Students. Please read it and consider: much of it applies regardless of the Year group.

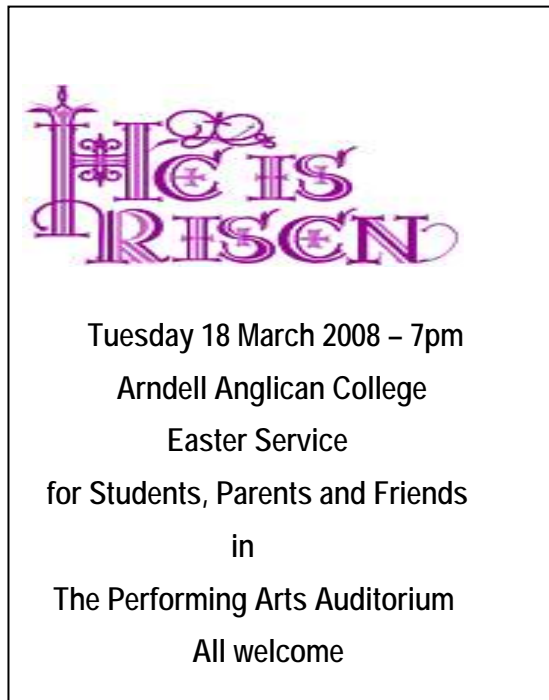
T Card Ticketing System – Bus Travel.

You will have read in the press of some of the background to this issue, and the public Transport Ticketing Corporation has told us that it is writing directly to parents about it. In essence:

- the T card system closes at the end of Tuesday 18 March
- from (and including) Wednesday 19 March students will need to produce only their printed bus pass for travel on school buses.
- Any student who has not applied for a 2008 bus pass must do so immediately.

A collection box will be available at school (in Student Services) and students are asked to deposit the no longer valid T-Cards on Wednesday 19 March or as soon as possible thereafter. The cards will be securely destroyed by the operators of the system.

Do you find it reasonably easy to get your mind around a crucifixion – but find a resurrection too hard to grasp? Join us for our Easter Celebrations; and you may be like many, even Christ's own disciples, who need a real push before they can say with those disciples: "It is true! The Lord has risen. . ."(Luke 24:34). Come and find out more about this amazing truth.



From the Deputy Headmaster: Mr James Webb

What an awesome start to the year!!

So many opportunities are occurring in the College for the students to be involved with and an enormous number of students are having great fun and getting involved.

My thanks to the staff who give up so many hours of their own time to enable these events to occur

A few Reminders:

Uniform: We have some very positive comments about the way in which our students wear their uniform and that they are proud to be associated with the College. However we do still have a number of students, who must be supported by their parents, who continually kick against the uniform policy. House detentions occur each day and students will attend these. Where a student exceeds 2 lunch detentions they are placed on a Wednesday after school detention.

Parents please assist us in making life much simpler – I would rather our Heads of House and staff be dealing with other issues than wasting their valuable time on uniform issues that should simply not happen.

Diaries:

A reminder that parents are expected to sight and sign their child's diary at the end of each week. Please take note of the contents and ensure that your child is putting in valuable information. Check the student portal for other valuable information.

Easter Service:

Can I encourage you to attend the evening Easter Service on the 18th March? Easter builds that important relationship with Jesus as the one who died and rose for us so that we might have eternal life. Please come along and be uplifted.

Have a great weekend!

From the Head of the Junior School: Mr. Rick Harrison

Our first Awards Assembly for the year was held last Friday. The highlight of the assembly was, of course, the performance by Year Three. All of the Year Three students were involved and all gave terrific performances. Special thanks also to our Student Leaders for a commendable "baptism of fire".

Headmaster's Awards were presented to:

KB: Matthew Holman, Allie Roper;	KR: Caitlin Pellew, Zach Taylor;
1B: Calista Vacopoulos, Mark Young;	1R: Dylan Jones, Brianna Ayres;
2B: Finn Miller-Argue, Caitlin Clarke;	2R: Jayde Bermingham, Robert Hammerl;
3B: Jodie Andronicos, Andy Sinclair;	3R: Jake Begini, Brooke Croft;
4B: Brad Richardson, Hayden Lane;	4R: India Rich, Timothy Sandell;
5B: Alexandria Smith, Jake Hilder;	5R: Jessica Hook, Madeleine Midgley;
6B: Emma Stephenson, Janae Lane;	6R: Kelly Nguyen, Mark Schembri.

Congratulations to all of these outstanding students.

Thank you to all of those parents who are driving appropriately while on the College property, we seem to be having fewer difficulties in the carpark of late. I have however, had a few reports of cars moving a little too quickly through the carpark area beside the Infants section of the College. Please remember to keep your speed very low while travelling anywhere on the College grounds.

Events coming up include:

- Mufti Day for the "World's Greatest Shave, Friday, 14th March (Yr5&6: Thursday)
- Year 5 Excursion, Taronga Park Zoo, Friday, 14th March
- Year 6 Excursion, IMax Theatre, Friday, 14th March
- Pupil Free Day, Thursday, 20th March
- Awards Assembly, 28th March

Enjoy your weekend.

From the Director of Studies: Ms Raewyn Dean

Academic Matters March 18th 2008

After a very smooth start, we are now settled well into the new academic year. As the assessment programmes for all years have commenced I thought it would be helpful if I explained some key elements of the College assessment policy.

Assessment Booklets

All students (Years 7-12) were issued with their assessment booklets within the first few weeks of this term. When these were issued to the students, every section was explained carefully and then students were given the opportunity to ask any questions they had - it is very important that students not only understand the College assessment policy but the consequences if they do not adhere to the rules. These booklets also include the assessment schedules for all subjects and courses for the year. Along with the booklet students were given a wall calendar/planner to plot their assessments on, for the year. Many students and their families find this wall planner a very useful organisational tool. At a glance students and their families can see when their examinations will be, as well as when their other assessments are due. If parents have not read their child's assessment booklet I strongly recommend you do - knowing how the assessment programme works can alleviate a great deal of anxiety for the whole family!

Assessment Tasks

- It is absolutely **imperative** that parents read the following sections in the Assessment Booklets headed **Absent From or Illness During an Assessment Task, Malpractice During an Assessment Task and Rules Governing the Submission of Assessment Tasks**. Heads of Department have reported to me that some students are going to receive a **zero** for their first assessment task as they have not complied with the College policy in the above areas.
- Students must have a **Doctor's Certificate** (not written by a family member) if they are absent from a task due to illness to certify that they were too ill to attend school.
- **Time management**. Students will now realise that more than one of their assessment tasks are often due around the same time. Consequently the managing of their time effectively is essential. By now all students should have established a study routine that suits them, but if your child is having difficulty managing their time, they are encouraged to seek help and advice from their subject and their Homeroom teachers.
- **Class time allocated to the preparation of tasks**. Many (but not all) assessments will have classroom time allocated to the preparation of assessment tasks. This allows teachers to check that students are managing their time appropriately and/or completing the task correctly. If class time has not been allocated, students are encouraged to bring their drafts to their subject teacher to ensure they are on the right track.
- **Three tasks per week**. Please note that students may be given more than **three notifications of tasks** in one week, but they should not have more than 3 tasks **due** in one week. It is possible that at one time students may have 6 or more tasks they are working on that will be due over a 4 – 6 week period. Although some students may find this initially overwhelming this work load is achievable if students manage their time wisely.
- **Homework 2 weeks before a task is due**. Students in Years 7-10 should not be given homework in the subject/course 2 weeks before an assessment is due in that subject/course **unless** it is related to the preparation of the task (eg drafts, completing sections of scaffolds, completing certain sections of the assessment to ensure they are managing their time wisely etc) Please note that students may have homework set in other subjects/courses.
- **Two weeks notification of a task**. Students must be given at least two weeks notification of a task. If the task involves a significant amount of research students are often given more notice to accommodate this.

Year 12 Mid-Course examinations. Students were issued with their examination timetables on Friday 7th March. Not all courses have elected to have a mid-course examination this year so it is possible for the examination period to be completed in one week beginning **Monday 31st March and ending Friday 4th April**. Mrs Daley will also be asking students to fill out an examination attendance and traveling form.

Year 12 Board of Studies booklet and Wall Planner: On Friday students were also issued with a Board of Studies booklet *Rules and Procedures for 2008 Higher School Certificate candidates* and a HSC wall planner. Much of the information in this booklet is also included in the Assessment Booklet that students were issued with at the beginning of Term 4, 2007. It is important, however, that both students and parents read this booklet so they are aware of students' rights and responsibilities in regards to the HSC examinations.

University of Sydney HSC Enhancement Program. Throughout the year University of Sydney run HSC study days which are designed to build on students' HSC subject knowledge, help them to understand the syllabuses of the subjects they are studying and to give them advice on how they might achieve their personal best. These courses are run during the holidays by some of the leading teachers and lectures in the different courses. Students who have attended these courses in previous years have found them invaluable. Most lectures are 1 hour and 15 minutes and cost around \$29.00 each. A range of subject courses are usually run over one day so students can choose up to 5 lectures if they wish. The university also runs intensive 9 and 3 week courses in some subjects. Study packs are also available at a very reasonable cost \$16.25 - \$18.25 per pack. If students or parents are interested in this programme they can visit their website and online store on www.edassist.com.au OR make inquiries through Miss Dunbar in the Mathematics department.

If parents have any queries concerning assessment tasks or the Year 12 mid-course examinations please do not hesitate to contact me at the College.

Anglican College Director:

Headmaster: Dr. John Goddard
D/Headmaster/Head of Snr School: Mr James Webb
Head of Junior School: Mr Rick Harrison
Director of Studies: Mrs Raewyn Dean
Chaplain: Rev. Graeme Sedorenko
Counsellor: Ms Sarah Tabone/Miss Jennifer Carey
College Marketing Officer: Mr Philip McKenzie
After School Care: 0407 474 161 (3.30- 5.30pm)
Equestrian: Mrs Teena Welsh, 0425 254 412
teenbean1@westnet.com.au
<http://www.ardell.nsw.edu.au>
P & F President: Donna Pellew 0417 774 54
Vice President: Tina Andersen (Waltho)
 0414 634 453
Uniform Shop: Mrs Liz Moore 4572 3254
 Tuesday/Thursday
 8.30-10.30am/2.30-4pm
Canteens: Monday-Friday (Recess/Lunch)
Arndell Community Church: Pastor Greg Peisley
 4572 3633/0402 278 483
 Tuesday/Wednesday/Friday
<http://rds.ardell.nsw.edu.au>
Remote Document Access: <http://rds.ardell.nsw.edu.au>

DATES FOR 2008:

Term 1 - 2008

Thursday 20 March – Staff Development Day
 Thursday 20 March – Monday 24 March – Easter Break
 Friday 11 April – Term 1 finishes

Term 2 – 2008

Monday 28 April to Friday 27 June

Term 3 – 2008

Monday 21 July to Friday 26 September

Term 4 – 2008

Monday 13 October – Wednesday 10 December
 Friday 5 December - College Carols
 Tuesday 9 December - Infants Presentation
 Wednesday 10 December - Primary School Presentation
 Thursday 11 December - Senior School Presentation.

DATES FOR COLLEGE CAMPS:

Year 7 - 4th to 6th June (Deer Park)
Year 8 - 4th to 6th June (Somerset Campsite)
Year 9 - 3rd to 6th June (Port Hacking)
Year 10 - 17th to 19th November (Waterslea – Nowra)
Year 11 - 4th to 6th June (Blue Gum Lodge)



Arndell Community Church

a contemporary church for
YOU and YOUR FAMILY.

We meet every Sunday of the year at
 10am Arndell Anglican College.
 6pm Pitt Town Anglican Church Hall
 110 Bathurst Street, Pitt Town
 Contact: Greg Peisley

Pitstop

An activity of Arndell Community Church where youth can revive and refuel

Pitt Town Anglican Hall, Pitt Town
 Friday 14 Mar. – H2O Night
 Friday 21 Mar – Good Friday
 (No Pitstop Tonight)

Energy

For Children in Years 3-6
Fridays from 3.30-4.30 at
Arndell Anglican College – D Block

Fri 14 Mar. - Grotty Goodness
 Saturday Mar 29-30 - Fruity
 Sleepover

Students: Friday Lunch "The Way" meet in D1
 Adults: Fridays "People Looking at God's Word" 9.25am at the College

Scholarships for 2009:

Arndell offers scholarships in a number of areas:

- *Academic
- * Musical
- * Excellent all-rounder

Applications are invited for scholarships for students who will be in Year 7, 9 or 11 in 2009. Applicants sit for a written scholarship examination on Saturday 10 May, 2008 at the College; in addition, music scholarship applicants must present for audition at a date which will be shortly after the written examination. Offers are then made by the Headmaster in early-mid June.

Please note:

- Scholarships generally offer 50% or 25% remission of tuition fees.
- Scholarships are offered to the most able only – the top one or two per year group who really stand out.

Application forms may be obtained from the College Registrar – Mrs Wilson or by going on line through the College's website: www.ardell.nsw.edu.au then click on the homepage.

Applications close by 28 March, 2008

From the Youth Liaison Officer: Windsor Police Station

Parents should be mindful of Driving offences during school zones.

School Zone FINES

FINE	POINTS	OFFENCE
\$318	4	Drive using hand-held mobile phone
\$185	3	Not reverse vehicle safely
\$318	4	Drive on footpath
\$397	4	Approach Children's Crossing to quickly to stop safely.
MOST SCHOOL ZONES HAVE A SPEED LIMIT OF 40km/h		
\$132	4	Exceed Speed 15km/h and under
\$318	4	Exceed Speed over 15km/h (Driving at a speed of 55km/h)
\$768	5	Exceed Speed over 30km/h (Driving at a speed of 70km/h)
\$1,750	7	Exceed Speed over 45km/h (Driving at a speed of 85km/h)

This is only a selection of offences that could be committed during school zones. Drivers should be aware that the fines and points increase when an offence occurs during the school zones. So Police advise to slow down and take extra care when driving near a school.

Brainteaser

Number 6

Every issue of the College newsletter will include a brainteaser organised by Mr. Billeh. The answer will be published in the following issue. Have fun and God bless you all.



Arrange the numbers 1 through 9 on a tic tac toe board such that the numbers in each row, column, and diagonal add up to 15.

Answer to brainteaser 5: 8 ft

Information for the Advocate needs to be emailed to enquiries@ardell.nsw.edu.au by Tuesdays 4pm

Book Club Update:

Issue 2 (March 2008) has been distributed and **orders are due Monday the 10th** of March.

I have had a look through all the brochures and have found some great reading for all ages!
Please do have a look and see if you agree.

One change from my last Update is that the Year 3 teachers have decided to collect their class orders directly.

This means Kindergarten, Year 3 and Year 5 students give their orders to their teachers.

Year 1, Year 2, Year 4 and Year 6 still place their orders in the red mailbox in the Junior School Library.

Students in these classes will collect their orders from the Library when they arrive.

As always, there are extra copies of all the brochures in the Library if needed.

Parents, please remember you may place "surprise" orders through the red mailbox as well.

Happy Reading!



Junior School Library

Our Junior School Library has been a busy productive place this term with smart board lessons, information skills lessons on our up-to-date computers, lunchtime activity groups and a great deal of enjoyment as we read our favourite books together.

Kindergarten enjoyed moving all the animals from "Who Sank the Boat?" (by Pamela Allen) into the boat on the smart board, and learnt how to read the words that matched the animals.

Year 6 will begin a web quest on Antarctica next week, and year 4 and year 5 students were given the task to become a book illustrator.

Year 3 has learnt how to select a book by reading the 'blurb', and year 2 researched information on one our most endangered animals on the planet – the giant panda. Year 1 found out that there are actually rainbow fish, although they may not look exactly like the rainbow fish we have on display.

Jodie Brownlee, author of the 'Ruby Rosemount' books came to visit us this week and captured the imaginations of all who were listening about how to create a story from an idea. Her books are a great read for boys and girls as they take you on a magical journey through distant lands meeting fascinating characters.

Lunchtimes are very productive times in the library with art club, lego club and scrapbooking club attracting about 45 junior school students each. And if you don't want to participate in a club, you can always pull up a cushion and find a quiet place to read. Sounds like the happiest place on earth, doesn't it???

Our Book Fair starts this week so please come over and browse the shelves yourself. You may purchase a book to keep and/ or a book to donate. I may need some help in the afternoons from 3.00 -3.45pm. If you can spare an afternoon please let me know. Thank you!

Mrs E Miller - JS Teacher/Librarian

WORK EXPERIENCE 2008: Mrs Glenys Goddard - Careers Co-ordinator

Year 10, Year 11 and Year 12 students from Arndell are able to arrange Work Experience during any school holidays and be covered by Insurance.

Students benefit greatly by sampling an occupation of their choice, whether they go into that field when leaving school or not. Doing Work Experience can also have a beneficial effect for a student's Resume as it shows real commitment to voluntarily do Work Experience in the holidays, and the Employers feedback form can be useful for TAFE or getting a casual job.

To achieve this there is much paperwork that has to be signed by both the Employer and the Parent. Mrs Goddard spoke to all year 10 Students this week explaining how to go about arranging Work Experience. A letter to all Parents was also handed to each student at this meeting along with an initial Application form.

It is suggested that all Year 10 students do Work Experience at least for a week in the June holidays. Please contact Glenys Goddard (Careers Adviser) if you have any further questions.

Careers: Mrs Glenys Goddard - Co-ordinator

TAX FILE NUMBER.

Arndell students can obtain from Mrs Goddard a Student Application Form and Parent letter from the Taxation Department. Both forms need to be filled out and returned to Mrs Goddard who then signs the Application Form. Arndell sends this to the Taxation Department who then sends the student a Tax File No in the mail. The advantage to the student is that identification does not have to be provided as Arndell identifies you.

You will need a Tax File number if you wish to begin Casual Work. All Year 12 students should make sure they have obtained one through the school before they leave as it is also required for Commonwealth Supported places (HECS) at University.

Hairdressing Opportunities That Might Lead To Casual Work.

A school parent from Terox/Elgon Haircare Academy Norwest has offered to help students who are thinking about a career or part-time job in Hairdressing. You might like to consider the course below.

- "Want a career in Hairdressing?"
- "Want to learn new skills to help you get that part time job you have been looking for?"
- "Want to learn the secrets to correct styling for your hair type?"
- Contact Gloria-lee Cooke on 0430 540 350 or gloria-lee@three.com.au for further information on courses at Norwest.

Lost Property:

A system operates in the College which, when operating smoothly ensures the prompt return of lost items to students. The task of returning lost items is made virtually impossible when items do not have student names clearly marked upon them. It is the responsibility of students and parents to ensure that every item students bring to school is clearly marked; in the High School with the students name and home room number, and in the Junior School with the student's name. Due to the exponentially increasing number of items appearing in Lost Property any item which is not clearly labelled will be deemed to belong to no one and will be returned to the Uniform Shop automatically for re-sale. Regards.

Mr. O. Laffin

The Arndell Advocate:

The School Newsletter "The Advocate" is on the School website, however if you would like this to be emailed to you, please fill in the note below and return back to Mrs Barbra Whelan. (PA to the Headmaster).

Attention Mrs Whelan:

I wish to have the Advocate emailed to me:

Parent's Name

Email Address:



Final Blazer Fitting
Last Chance
Tuesday 18 March – 8.30am

If you don't have a blazer to wear with the winter uniform

Tuesday is the final opportunity to be measured

Please come to the uniform shop at 8.30am sharp.

with your \$80 deposit.

For Sale: Arndell Saddle cloth. Used for one event only, as new condition. \$40.00
Please contact Mr Harrison in Student Services

Supa Sunday - Thank You

A very special thank you to students, teachers and parents of years 2 & 3 for their performances at the "Welcome to Arndell" Supa Sunday.

UP & COMING EVENTS

College Easter Service - Tuesday March 18 starting at 7pm

GOOD FRIDAY-10 am. Followed by a church picnic to Cattai National Park. Bring a chair & Picnic Lunch.

EASTER SUNDAY-10am at Arndell Community Church and **6pm** at St James Church Hall Bathurst St Pitt Town

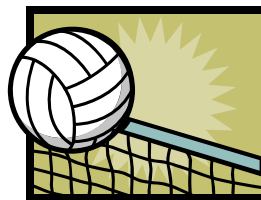
ENERGY Fruity Sleepover – Saturday March 29. Fun, games & food , then Sunday 10am special item by ENERGY kids. Join us for BBQ breakfast

For further details on these events please contact
Greg Peisley – 4588 5482

Arndell Community Church

From the Sports Desk:

YOUR ACCESS TO INFORMATION ABOUT HILLS ZONE & REPRESENTATIVE SPORT FOR 2008 AT ARNDELL.



2008 Hills Zone Swimming Carnival

Monday 17th March at SAC Homebush 5 – 10.30 pm. The following students will be competing as members of the College swim squad.

12 Yrs Boys: Owen Rogers, Jordan Leal, Lachlan McAuley, 12Yr Girls: Kelsey Ramm, Maddison Thorpe.

13Yr Boys: Seaton Kenna, Thomas Hankel, 13 Yrs Girls: Lauren Stanley, Amy Stoker, Annelise Hoffman

14yrs Boys: Dieter Hoffman, James Bosward, 14 yrs Girls: Kimberlee Currell, Jessika Cohen,

15 Yrs Boys: Kurt Jackson, Luke Duignan, 15 Yrs Girls: Cassandra Brett, Courtney Jones, Emily McAuley,

16 yrs Boys: Hayden Collins, Michael Smith, Ben Tuynman, 16 Yrs Girls: Aleisha Ferguson, Holy Andrews,

17 Yrs Boys: Grant Donaldson, Dominic Thompson, 17 Yrs Girls: Amy Mares, Mikaela Calvert

18Yrs Boys: Troy Edwards, Ian Dewhurst, 18Yrs Girls: Tahnée Jackson, Ellen Nicholls

Invitational Swimmers:

Yr 7 Mitchell Dean, 50m Fly & 100m Free, Jess Towers 50m back, Thomas Hankel 50m Free, Ben Thornton 50m Free, Lachlan McAuley 50m Breast, Maddison Thorpe 50m Free & 100m Free

Yr 9 Luke Duignan 100m Free, Ben Tuynman 50m Free, Courtney Jones 50m free,

Yr 10 Mike Smith 50m Free, Holly Andrews 50m free

Yr 11 Mikaela Calvert 50m Fly, Dom Thompson 50m back, Amy Mares 50m Free,

Yr 12 Troy Edwards 50m Free, Grant Donaldson 50m Breast

Please ring Mrs Cornick for any queries about the Hills Zone Swimming Carnival.

All Information regarding the Hills Zone Carnival is now on the Hills Zone Sport Association website. Go to www.aices.com.au and click on Hills Zone Sport Association.

Please note that the times indicated on the program are approximate ONLY. If you do not intend to be there from the start PLEASE make sure you are at the venue at least 45 minutes BEFORE the start time for your event. \$2 entry fee for spectators.

2008 AICES Basketball Championships:

U15 Girls team won the Championships. Amanda Zalac played for the team.

Open Girls team finished 4th. Alexandra Cornick played for the team

Opens Boys team finished 5th. Congratulations to Ben McInnes who was selected for the AICES Open Basketball team.

Congratulations to Jeremy Otten for his selection in the Hills Zone Touch Football team.

Hills Zone Interschool Sports Results – Round 3

Senior Girls Indoor Cricket v. Gilroy: 69-180

Junior Boys Indoor Cricket v. Galston: 86-184

Senior Tennis v. Northholm: 1-6

Junior Girls Futsal v. Tangara: 5-1

Junior School - CSSA Zone Swimming Carnival

On Tuesday 4th March, Arndell traveled to Warringah Aquatic Centre at French's Forest for the CSSA Zone Swimming Carnival. We performed extremely well against quality opposition, and gained 5th place overall – one place higher than last year. The following students gained places in their races –

Place	Name	Event	Time
1 st	Chloe Patterson	8 year 50m Breaststroke	1:07.67
1 st	Lilly Keating	8 year 50m Backstroke	53.41
1 st	David Osburn	10 year 50m Breaststroke	54.90
2 nd	Chloe Patterson	8 year 50m Backstroke	54.95
2 nd	Aaron MacDonald	8 year 50m Freestyle	46.93
2 nd	Aaron MacDonald	8 year 50m Backstroke	57.10
2 nd	Aaron MacDonald	8 year 50m Breaststroke	1:04.62
3 rd	Brooke Watkins	8 year 50m Freestyle	51.36
3 rd	Georgia Thorpe	9 year 50m Freestyle	41.78
3 rd	Hayden Lane	8-10 year 200m Ind Medley	4:00.06
3 rd	Janae Lane	11 year 50m Backstroke	46.02
3 rd	Katie MacDonald	12 year 50m Butterfly	41.32
3 rd	Katie MacDonald	11-12 year 200m Ind Medley	3:27.36
3 rd	Brendan Vielhauer	11-12 year 200m Ind Medley	3:25.37

Congratulations to these swimmers, and all Arndell competitors for giving 100%. Congratulations to Chloe Patterson, Lilly Keating, Aaron MacDonald and David Osburn for progressing to the CSSA State Swimming Carnival, held at Blacktown Pool on Monday 10th March.

Attention: All Arndell Equestrians:

We have all had a very long, unexpected rest in Equestrian circles over the last 7 or 8 months with the outbreak of the dreaded Equine Influenza. I hope all the horses are recovered or have had their vaccinations and are ready to go for a new year of Interschool Competition. As parents and riders will already know, there will be a few changes to the way we enter competitions from now on with regard to Horse Health Certificates and Traveling Horse Statements. We will keep you up to date with any more changes or DPI requirements as they come to hand.



I have included a form with this weeks advocate to enable us to update our records. If anyone is new to Arndell in 2008 and is interested in joining the team, please fill it out and return it ASAP. We would also appreciate it if current team members would fill it in and return it to student services.

Mrs. Teena Welsh is the new team manager for 2008 and can be contacted on 0425 254 412 with Mrs. Carolyn Dobson continuing as President of the Equestrian Committee and is always available for any enquiries regarding Equestrian matters on: 45 723531.

Equestrian Team 2008 Update

(Please complete and return to Student Services office to allow us to update our records)

Name: _____

Age/School Year: _____ Class/Homeroom: _____

Address: _____

Phone: _____ Mobile Phone: _____

Email Address: _____

Horse/Horses Name: _____

Did your horse/horses _____ Date: _____
contact Equine Influenza?

Horse/Horses EI Status: _____

I am interested in Interschool competition in the following areas (please circle):

Showjumping

Dressage

Show ring/Gymkhana

ODE

Combined Training

Vaulting

Parenting Tips

What do we ask of Year 12 Parents?

- Please ensure your children attend School every term-day on time; we require a written, signed note of explanation for each absence;
- Please ensure they do homework and study - EVERY night, at weekends and during vacations; a good steady approach all year, not last-minute cramming; please don't make excuses for them;
- Please monitor discreetly that they are getting enough sleep; mobile 'phones and msn! MySpace are often in use through the night making the following day classes problematic; pull the plugs if they won't;
- Keep them off all alcohol; it negatively affects cognitive function especially in developing brains; binges increase the risk of alcoholism. Attending parties and social events is one thing and fine in moderation, keeping them alcohol-free is another.
- Restrict major distractions like cars; they have managed so far without one; hold off to the end of the year, otherwise a lot of study-time may be wasted;
- Please let us know early if there are any worries or concerns which may affect the student's mood or well-being or performance at School;
- Please ensure they are playing sport and/or getting exercise; it is a very bad idea to give up sport at this stage. The exercised body and brain are much fitter, calmer and ready; with a healthy diet and good sleep, good study is more likely;
- Please ensure they are dressed and presented according to the school rules;
- There is time in each student's schedule for exercise, relaxation, a co-curricular activity, some community service; wise balance is important.
- Please remember the Colleges, some employers and other organisations view school and community involvement very highly - for entrance selection, for scholarships and bursaries. A small amount of part-time work may be all right, but some students sacrifice a year or more of professional life (through neglect of study) to the excessive "need" for spending money now.
- Your children! Young adults need your leadership as much as ever; it is simply a more discreet mentoring and discussion-style leadership than that of a few short years ago. Most of what is needed in Year 12 is up to them, but they still need wise counsel and some boundaries. Please do not abrogate all leadership and decision-making support.
- Please read the School newsletter so you are well informed.

What do we ask of Year 12 students?

Please read the list above.

- Understand your responsibilities before your rights; if you have rights, then please ensure you have met your responsibilities.
- Excellent self-leadership.
- Leadership of your colleagues in Year 12 and of the School;
- There are no "frees" or "free periods"; you may have some study periods. .
- Invest in your future - good study patterns, good exercise, sleeping and eating patterns;
- Enjoy the process; for most students Year 12 is tough, enjoyable and goes very fast! Laugh a lot. You learn much about yourself in the course of the Year.
- Set clear strong specific goals with the game plan to achieve them.
- Your team consists of you, your peers, your parents and your teachers.
- If you are fighting, squabbling or ducking away from any of them, it is your problem and you need to address it. If you are worried about things, confide in someone. If they are affecting your schoolwork, we are happy to try to assist. Look out for your peers' well-being and let us know if anyone needs help.

**2008 YEAR 12 MID COURSE EXAMINATION TIMETABLE
(MONDAY 31 MARCH - FRIDAY 4 APRIL)**

Please note: * Examinations are 2 hours in length unless stated otherwise
* All examinations in H Block unless stated otherwise

DAY	MORNING SESSION Exam commencing 8:45	AFTERNOON SESSION Exam commencing 12:45
MONDAY 31 March	Advanced English (2.5 Hrs) Standard English (2.5 Hrs)	Business Studies Mathematics Extension 1
TUESDAY 1 April	Mathematics General Mathematics Ext 2 Mathematics	Hospitality Practical (Commercial Kitchen)
WEDNESDAY 2 April	Chemistry Geography VET Hospitality VET Info Tech. Music Exams all day (PA Building)	Music Exams all day (PA Building)
THURSDAY 3 April	Legal Studies Textiles & Design (1.5Hrs) Ancient History Industrial Tech. Timber (1.5 Hrs) Industrial Tech. Graphics(1.5 Hrs) Ancient History French Exams all day (IT conf room)	French Exams all day (IT conf room)
FRIDAY 4 April	Biology Modern History Physics Visual Arts (1.5Hrs) VET Entertainment	CAFS Software Dev & Design Drama (1.5Hrs)