



Vol. 18 No. 30

THE ARNDELL ADVOCATE

November 21 2008
The Newsletter of Arndell Anglican College

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Dates for the Diary:

Mon. 24 November – Fri. 28 Nov

Headstart: Group B

Mon. 24 November

Yr 11 Excursion: Hospitality (Sydney)

Tue. 25 November

Remaining Sport Photos to be taken

Wed. 26 November

Afterschool Sport:

Inter/Snr Boys Touch – Dural Park

Thurs. 27 November – Wed. 3 December

Jnr. School: Books on Wheels Book Fair

Thurs. 27 November

Snr. School: Captains/Prefects to St Andrew's Cathedral

Mon. 1 December

Yr 12 Excursion: Modern History (Canberra)

Yr 10 PASS: White Water Rafting – M. Southwell

Tue. 2 December

Yearbook Committee Meeting – J. Daly

Wed. 3 December

Yr 6 Excursion: – Wave Pool

Yr 10: Formal – Sebel (Windsor)

Yr 7 (Blue/Red) Incursion: Cricket

Thurs. 4 December

Yr 6: Dinner/Dance

Yr 7 (White) Excursion: Cricket

Fri. 5 December

3-5pm Text Book Sale – in C8



**COLLEGE
CAROLS
7pm**

Performing Arts Auditorium

From The Headmaster: Dr. John Goddard

There are experiences in the life of a school that, although they are really tough at this time, bring out the best in people. Such an experience occurred at Arndell at the end of last week, as part of the Duke of Edinburgh groups Silver Expedition.

We were all delighted that Mrs. Annette Waterhouse was to join the expedition as a staff member. What we didn't know – and what she didn't know – was that a rare condition might cause muscle fatigue to have unexpected consequences for her, leading, eventually (when the group was back and the hike was over) to a virtual shut-down of kidney function and hospitalisation. I want to point out two marvelous things:

- Mrs. Waterhouse was herself a great example to others at a time of incredible adversity, continuing to laugh and joke and being as positive as she could possibly be;
- The students, superintended and supported by Mr. Laffin, had to exert themselves in no small way and they were magnificent in coping with a distressing situation.

If you have even walked down into the Acacia Flat area of the Blue Mountains, you know that it is a long way down and a very hard walk back up. If you have done it with a 3-day pack then you know that it is a real endurance test, a very hard pull indeed. And you probably haven't done it with a pack and carrying a sick person on a stretcher back up the steps, narrow and uneven path. That verges on the heroic.

Well done to the students involved, and to Mr. Laffin in charge of the group. The D of E program can provide adventure; it can really stretch people's inner resources and, as on this occasion, it can bring out the very best in people.

You will see elsewhere in this newsletter a letter of thanks

from the Family Fun Day Committee. We all thanked them in last week's newsletter, and it is very kind of those, who worked so hard, to thank us! Do you notice that the committee rejoices that

“we were able to bring together all parts of our school”.

I can think of no higher praise for such an event: it is what we are trying to do, week in and week out, so that we are all working together for the benefit of our students, who **are** the school!

**Today in the town of David a Saviour has been born to you:
He is Christ the Lord.” (Luke 2:11)**

There can be no greater cause to come and celebrate!

John Goddard

From the Deputy Headmaster: Mr. James Webb

Over half way through the final term for 2008 and wishing it would not go so quickly!

The past few weeks have seen our 10's complete their School Certificate examinations and then go on camp down at Nowra. The Year 12's have completed their Higher School Certificate examinations and are now looking forward to a break before the onslaught of work or university. In amongst all of these happenings our 7's, 8's and 9's have completed their final exams.

An enormous vote of thanks to the staff who have prepared and marked papers and to the students for making the exam period run so smoothly.

However with all of the wonderful happenings I am at a loss to work out why so many students are not dressed properly, do not have the correct bags or shoes and whose parents support this poor attitude. It is not as if we have changed the rules part way through the game!

I am at a loss as to why some parents want to blame teachers or other students for their child's poor behavior, when surely the student must take responsibility for his or her own actions.

I am at a loss to find an answer as to why parents will not support an afterschool detention, which is a part of the non-compliance process, suggesting that we give their child a week of lunchtime detentions as this is more convenient.

As we move towards 2009 it is clear that dialogue needs to be established between the College and the parent body as to what the expectations are and what support we can expect in return.

We have so many wonderful things happening at the College, and so many highly supportive parents, that it is a pity that our identity is being watered down by some non supportive parents and students.

I hope that we can work together to re-establish, what has become over the years, a strong independent Christian College for the Hawkesbury.

I look forward to healthy discussions with parents on the dangers of the internet or the concept of cyber bullying or the latest guitar riff that really knocks your socks off. The only way that discussions such as these can take place is by you the parents becoming really involved in the life of the College and in the education of your children.

From the Head of the Junior School: Mr. Rick Harrison

Recently we welcomed the children of Kindergarten 2009 and their parents to the College for Orientation Day. While the children spent some time with the infants staff, the parents were informed about many of the things that they can expect to occur in the first year of the formal education of their children. Many thanks to all those who attended, those who spoke, our “models”, the P&F and parents of Kindergarten 2008 for providing morning tea and especially to Mrs Misztal for her organisation skills.

Following on from Orientation Day this week and next week is the Headstart programme. For those of you who don't know what this is, it is an opportunity for next year's Kindergarten to get to know what school is all about. The group is divided into two with one half coming for half a day every day for the first week, with the remainder of the group doing the same in the second week. The children will participate in all manner of school activities and also be involved with some simple testing.

The Family Fun Day was once again a great success with quite a crowd attending and getting involved in the entertainment that was offered: dancers, singers, martial arts demonstrations, rides, stalls and food.

The following students received Headmaster's Awards at our last Awards Assembly:

KB: Thomas Dixon, Makenzie Thomas;	KR: Georgie Aldacour, Cameron Lane;
1B: Amber Fradd, Damen Low;	1R: Morgan Sainty, Jackson Hill;
2B: Kirra Giarratano, Joshua Muller;	2R: Sara Selff, Nicky Garcia;
3B: Lleyton Bird, Faith Evans;	3R: Erin Barnes, Amelia Pinter;
4B: Melissa Whitmore, Brooke Waters;	4R: Tyler Young, Elysia Sproule;
5B: Emma Graham, Connor Moore;	5R: Jessica Hook, James Vernon;
6B: Emma Stephenson, TimMcAlpine;	6R: Dana Panos, Lana Rigby.

Congratulations to all of these students.

Congratulations to our successful Triatheletes, Brendan Vielhauer, Connor Wickett and Tom Zahn who won the Hills Zone competition against some strong opposition.

Congratulations also to the members of our Senior Boys Cricket team, who, as I write, are playing their semi-final match against Rouse Hill Anglican.

Some dates to remember:

- Head Start Group B commences: Monday, 24th November.
- Swimming continues K-2 and commences 5&6: Monday, 24th November.
- Excursion - Year 6 Wave Pool: Wednesday, 3rd December.
- Year 6 Dinner Dance: Thursday, 4th December.
- Infants Presentation Afternoon: Tuesday, 9th December.
- Primary Presentation Evening: Wednesday, 10th December.
- Motive8: 17th - 19th December.

From the Chaplain: Graeme Sedorenko

North South East West



In the beginning, the first Christmas, wise men travelled from the East to visit the one that had been born King of the Jews. Their journey could have taken up to two years. They were keen as mustard to see this special chosen King.

Today thousands of people from the North, South, East and West will travel to gather with people who want to honour the same King. Some will travel days on foot, other will stroll down the street and other will drive 20 minutes to give honour to the King.

It is no longer just the wise men from the East; it is wise people from all over the world that honour the King. The 5th of December the school is having its carols service and it is a great time for the school community to gather and honour the one who has provided everything we need for life in abundance.

In these times of global financial uncertainty, people should draw strength from the King who holds all things carefully in his hands. It is time to trust in the one who draws our attention to the more important issues of life, who demonstrated a rich worthwhile life even though he lived in a poor family and had no place to lie his head. In tranquility and peace of mind he went through the worst of hardships, even death on a cross, only to rise again and offer each of us the same kind of an abundant life. See you on the 5th of December 7.00 p.m.

From the TAS Faculty: Mrs Roshini David Paul

Accredited Practising Dietitian, Member of the Dietitians Association of Australia

Answers for last week's Quiz:

Quiz continues:

1. True or False: If you're not active or exercising after eating a meal or snack, the food you eat will turn into body fat. (*False*)
2. Which type of food can be stored as body fat? (*Fat, Carbohydrates and Proteins*)
3. You logged extra time on the treadmill this morning and weighed yourself after. The scale dropped 2 pounds. Why?
(*you lost 2 pounds of water from sweating*)
4. True or False: If people only ate healthy foods like fruits and vegetables they would never gain weight.
(*False*)
5. It takes 3,500 calories to gain one pound. If you eat 3,500 calories in one day, will you gain a pound?
(*No*)

Quiz is taken from: http://www.sparkpeople.com/resource/quizzes_results.asp?quized=60

Buy One Get One Free!

Book Fair

Take advantage of this great offer to do some Christmas shopping and add to your child's home library.

Date: Friday 28th November – Wednesday 3rd December

Place: Junior Library Centre

Time: 8.00am – 9.30am

3.00pm – 4.00pm



Uniform Shop Hours: Elizabeth Moore – Co-ordinator

The **last day** the uniform shop will be open this year will be:-

TUESDAY 9th DECEMBER 2008

8.30am – 10.30am & 2.30pm – 4.00pm

Additional opening times for **JANUARY 2009** will be:-

THURSDAY, 22nd JANUARY 2009

9.00am – 1.00pm

AND

TUESDAY, 27th JANUARY 2009

8.30am – 10.30am and 2.00pm – 4.00pm

Normal uniform shop opening times will resume from

THURSDAY, 29th JANUARY 2009

8.30am – 10.30am & 2.30pm – 4.00pm

Anglican College Directory:

Headmaster: Dr. John Goddard
D/Headmaster/Head of Snr School: Mr James Webb
Head of Junior School: Mr Rick Harrison
Director of Studies: Mrs Raewyn Dean
Chaplain: Rev. Graeme Sedorenko
Counsellor: Ms Sarah Tabone/Miss Jennifer Carey
College Marketing Officer: Mr Philip McKenzie
After School Care: 0407 474 161 (3.30- 5.30pm) Mrs. Caroline Dobson 45723531
Equestrian: Mrs Teena Welsh
 0425 254 412
teenbean1@westnet.com.au
 Donna Pellew 0417 774 45
 Mrs Liz Moore 4572 3254
P & F President: Tuesday/Thursday
 8.30-10.30am/2.30-4.pm
Uniform Shop: Monday-Friday (Recess/Lunch)
 Pastor Greg Peisley
Canteens: 4572 3633/0402 278 483
Arndell Community Church: Tuesday/Wednesday/Friday
<http://rds.ardell.nsw.edu.au>
Remote Document Access:

TERM DATES :

Term 4 – 2008

Monday 13 October - Term 4 commences
 Friday 5 December - College Carols
 Tuesday 9 December - Infants Presentation
 Wednesday 10 December - Primary School Presentation
 Thursday 11 December - Senior School Presentation.
 Wednesday 10 December, Term 4 finishes for all students

Term 1 – 2009

Wednesday 28 January commences – Years 7, 11 and 12 only
 Thursday 29 January commences – All Students
 Wednesday 8 April -Term 1 finishes for all students

Term 2 2009

Monday 27 April commences for all students
 Friday 3 July – Term 2 finishes

DATES FOR COLLEGE CAMPS:



Arndell Community Church

A contemporary church for
YOU and YOUR FAMILY.

We meet every Sunday of the year at
 10.15am Arndell Anglican College.
 6pm Pitt Town Anglican Church Hall
 110 Bathurst Street, Pitt Town
 Contact: Greg Peisley

Pitstop

An activity of Arndell Community Church where youth can revive and refuel
 Pitt Town Anglican Hall, Pitt Town
 Contact: Greg Peisley

Energy

For Children in Years 3-6
 Fridays from 3.30-4.30 at
 Arndell Anglican College – D Block

Students: Friday Lunch “The Way” meet in D1
 Adults: Fridays “People Looking at God’s Word”
 9.25am at the College



Brainteaser

Number 27

Every issue of the College newsletter will include a brainteaser organised by Mr. Billeh. The answer will be published in the following issue. Have fun and God bless you all

Two book collectors, Mandy and Marcia, noticed that if Mandy sold Marcia seven books, Mandy would have exactly as many books as Marcia. On the other hand, if Marcia sold Mandy seven books, then Mandy would have exactly twice as many books as Marcia. How many books did each have?

Answer to brainteaser 26: There are 980 coins in the collection

Important Dates:

Friday 5 December:

College Carols

Tuesday 9 December:

Infants Presentation

Wednesday 10 December:

Primary School Presentation

Thursday 11 December:

Senior School Presentation.

Wednesday 10 December:

Term 4 finishes for all students

The Arndell Advocate:

The School Newsletter “The Advocate” is on the School website, however if you would like this to be emailed to you, Please fill in the note below and return back to Mrs. Barbra Whelan. (PA to the Headmaster).

Attention Mrs. Whelan:

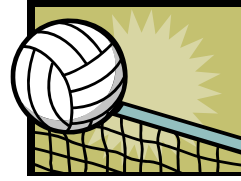
I wish to have the Advocate emailed to me:

_____ Parent’s Name

_____ Email Address

From the Sports Desk:

YOUR ACCESS TO INFORMATION ABOUT
HILLS ZONE &
REPRESENTATIVE SPORT FOR 2008 AT ARNDELL.



Hills Zone Handball: Arndell entered a Boys and a Girls team in this tournament. Both teams got through to the semi finals after some very grueling games. The boys finished up in 6th place overall and the girls finished in 4th place. Nick Whitney placed 5th (10) and Hayden Collins placed 7th (8) in the top goal scorers ladder. The following students played in this tournament:

Boys: Aiden Salm, Dominic Thompson, Hayden Collins, Ian McKelvey, Jeremy Otten, Lachlan Clarke, Moneeb Khan, Nick Whitney, Owen Hickman, Russell Avery, BJ Darabi.

Girls: Aleisha Ferguson, Alex Cornick, Amy Manefield, Amy Mares, Emily Waugh, Emma Jungherr, Jasmine Newton, Catherine King, Nikki Leary.

HZSA Triathlon: Arndell entered 21 students into the challenge and for the first time a Primary boy's team. Final school places are not available yet but here are some of the official results from the day. Hayden Collins came 2nd in the Senior Individual, Ben Tuynman came 2nd in the Intermediate Individual event and the Primary boys won their event. The following students are to be congratulated on their outstanding efforts in what is a very tough course:

Boys: Hayden Collins, Ian McKelvey, BJ Darabi, Aiden Salm, Russell Avery, Owen Hickman, Dieter Hoffman, Matt Watson, Ben Tuynman, Kim Bedford, Patrick Watts, Alex Celio, Bradley Halliwell, John Sorrenti, Daniel Sinclair, Mitchell Dean, Jake Blackman, Seaton Kenna. **Primary:** Brendan Vielhauer, Tom Zahn, Connor Wickett.

Girls: Amy Manefield, Ally Cornick, Olivia Leal, Cate King, Renee Barck, Roxy Joerg, Rachel Reid, Deanne Collins, Hayley Mitchellhill Miller, Kimberlee Currell, Erin Thornton, Danielle Clay, Amy Stocker, Chantelle Mares, Emilie Hogan.

Students who wish to enter in the **NSW All Schools Triathlon** early in term 1 2009 should see Mrs. Cornick. Students 15 yrs and under also have the opportunity to enter the **Weetbix Kids Try - Athlon** on Feb 1st 2009 (registration closes January 13th www.weetbix.com.au)

HZSA Touchfootball Inter School competition: This competition has been plagued by bad weather. Despite this all teams have played well. The Junior and Intermediate girls finishing 7th & 6th respectively. The Intermediate and Senior boys are both playing in the quarter finals on Wednesday 12th Nov. The Senior girls won their semi final against The Hills Grammar 4-1 and will play William Clarke in the final on Tuesday 25th November.

AICES Golf 2008: Christian Thomas (yr9) and Matt Robertson (yr8) entered the AICES Golf Championships last Friday. Christian has been selected to compete for AICES at the CIS championships in February 2009. Christian plays off an 11 handicap.

CIS Tennis: Danica Barbagallo competed for AICES in the CIS 15s Tennis Championships on Sunday. **Unfortunately results are not yet available.**

CIS Baseball: Michael Walters (yr11) and Jake Brown (yr 8) are trialing for the CIS team on November 17th

CIS Waterpolo: Hayden Collins (yr11) is trialing for the CIS Waterpolo team on Monday 17th November

Sports Photographs- 2nd round Tuesday November 25th 1.30- 2.30pm. Students who have represented in any of the sports in during Semester 2 will need to wear full PE uniform and report to the gym at 1.25pm.

Athletics Representatives: College, HZSA, AICES, CIS, All Schools and Pacific Games.

HZSA Boys Hockey

- HZSA Touch Football boys & Girls
- HZSA Handball Boys & Girls
- HZSA Triathlon

Teddy Bears' Picnic

Last Wednesday K Blue and K Red students came to the library for a Teddy Bears' Picnic. We had great fun!



Thank you from the Family Fun Day Committee

\$6000 that's what we raised at our recent family fun day, the weather was fine and the atmosphere was really relaxed (unless you were on one of those rides).

We must thank *all* parents who contributed to the fun day in any way, maybe you donated something for the chocolate wheel or made cakes or jams for the cake stall. Some parents spent hours preparing and organizing the craft stall, the fantastic dancers and the BBQ. We had school families holding their own stalls, we had some very generous donations for our raffles from "The Retreat" and Wayne Miller Karate. Parents and teachers helped in the preparation for the day in selling ride tickets, putting the huge Marque up, sorting out the sound system, bringing plants to be sold, manning the stalls on the day and selling raffle tickets. We were able to bring *together* all parts of our school the junior school, the high school the parents teachers and church on what turned out to be a very successful day. Thanks, The fun day committee

NEXT YEARS FAMILY FUN DAY WILL BE IN MAY

