



Vol. 20 No. 10

THE ARNDPELL ADVOCATE

August 7th 2009
The Newsletter of Arndell Anglican College

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From this!



To this!



From The Acting Headmaster:

Mr. James Webb



College Photographs

Yes, it is that time of the year again and as always a very busy few days.

My earnest request is that your children are dressed appropriately for the photographs, that hair neat and tidy, girls' hair tied back off the face with that no make-up is worn, as per College regulations. Uniform should be immaculate and shoes polished.

Sports Photographs are equally important and students must be dressed as per the requirements of the Sport Co-ordinator.

College Photographs are significant in the life of the College and should be treasured.

Building the Education Revolution.

I am pleased to announce that the work on the 2 shade structures, the Infants and Prep. synthetic grass and the refurbishment of the play equipment has now been completed. Drop by and have a look, I am sure you will be happy with the results.

However, the play equipment needs further painting – overused already. I am asking the painters to do this in the next holidays, as the equipment will be out of operation for a week to allow the paint to cure.

We are very grateful to the Sydney Anglican Schools Corporation for their assistance in enabling this work to be undertaken and to the Federal Government for their funding.

On Line Welfare System – Senior School Only (at this time)

I draw your attention to this article in this week's Advocate. Mr. Robinson, Mr. Gordon, Mr. Mares and the IT Department have gone to great lengths to bring us in line with student and parent needs. We are trialling the use of the Dashboard to report all welfare issues both positive and negative. This allows a parent to have day by day access to their child's progress. Therefore, the Diary will only be used, as it should, for recording homework, assignments and assessments. Feedback is valuable and I ask that you address comments to Mr. Austin Robinson.

A sense of multiculturalism is around the College. We have Japanese visitors and French exchange students sitting alongside our students in an atmosphere of great excitement. In many cases, neither student knows what the other is saying but that does not seem to matter as gestures and laughter cross all boundaries.

Bon weekend!

James Webb

From the Head of the Junior School:

Mr. Rick Harrison



After only a week and a half back at school, it seems that all of our students are well and truly back into the routine. We are particularly happy to see Tim Sandell of Year Five return to school and get himself involved in everything that he can after his long illness.

There have been quite a few changes in the Junior School during the holidays. The erection of the shade structure over the basketball court will be of particular benefit as we head into the warmer months. The repair of the Infants' play equipment and the laying of the synthetic grass adjacent to the equipment have brought this area back into full use. There have also been some changes to the staffing of the Junior School as follows:

- I am taking 5 Red on Monday, Tuesday and Wednesday;
- Mrs Eryn Hanckel is taking 5 Red on Thursday and Friday;
- Ms Audrey Romijn is taking 6 Blue until a new teacher is appointed;
- Mrs O'Hare will be in South Africa assisting her injured mother until next week.
- Mrs Joanna Harrison has been taking Mrs O'Hare's classes.
- Upon Mrs O'Hare's return Mrs Harrison will take responsibility for LEAP classes from Year One to Year Six.

With photo days coming up, please remember to have your child's uniform looking its best – dress uniform on Tuesday, sports uniform on Wednesday.

Events coming up include:

- Excursion, Year 3 The Rocks: 7th August
- College Photographs: 11th & 12th August
- CSSA Zone Athletics: 13th August
- HZSA Athletics: 17th August
- UNSW Mathematics Assessment: 19th August
- Grandparents' Day: 28th August
- Fathers' Day Stalls: 4th September

From the Head of Senior School: Mrs Lynn Gillen

I would like to welcome all students, staff and parents to Term 3. This term has many different activities taking place which I am sure everyone will enjoy, and will showcase the talent we have in our school in all different areas. Please keep an eye out for the activities, and support our students as they present their hard work to the community.

This Term sees the completion of the Year 12 Assessment program, with the Trial Examinations starting in Week 4, on Monday the 17th August. We want to wish our Year 12s all the best for their coming exams.

Year 11 will be completing their Preliminary Course for the HSC this term, and so their final exams are in Week 9. They will start their HSC program in Term 4. If any student is considering dropping a subject for their HSC, they must obtain a form from Student Services, complete it, and return it to me for checking and approving. Please do not neglect to do this, as the rules for the Board of Studies and the University admissions are very rigorous, and must be followed to qualify for the HSC and ATAR.

Year 10 will also have a very busy term, with exams in English, Maths, Science, History and Geography to finish off the term in Week 9. Elective exams will be held in Week 2 of Term 4. Any student proceeding to Year 11 in 2010 should have already handed in their Subject Selection form to Student Services. If you haven't handed in your form, please do so quickly so we can ensure that you don't miss out on the classes that you want to do next year.

Year 7, 8 and 9 have a term to do lots of activities, and work hard without the pressure of major exams. We encourage all students to focus on their work, ensuring they complete assessments and homework on time.

A note about the use of iPods in school.

Some students may be aware that during Term 2 the use of iPods/MP3 Players was trialled in some classes. This trial period is now over and the use of iPods/MP3 Players in classes will not be continued at this time. A committee has been established to investigate the use of iPods/MP3 Players and will shortly be inviting students to share their thoughts on how this technology might best be used in the College. As was the case previously, iPods/MP3 Players are not to be used on College grounds or at any College event.

Have a great term, everyone, and continue to work hard to meet your goals.



Anglican College Directory:

Acting Headmaster:	Mr James Webb
Acting Head of Snr School:	Mrs Lynn Gillen
Head of Junior School:	Mr Rick Harrison
Chaplain	Rev. Graeme Sedorenko
Counsellor:	Ms Sarah Tabone
After School Care:	0407 474 161 (3.30- 5.30pm)
Equestrian:	Mrs Teena Welsh 0425 254 412 teenbean1@westnet.com.au Mrs Laura Thorpe 0416 212 260 prestigeinteriors@exemail.com.au Mrs Neile Thompson 0414 845 488 pandf@ardell.nsw.edu.au Mrs Liz Moore 4572 3254
P & F President:	Tuesday/Thursday 8.30-10.30am/2.30-4. pm Monday-Friday (Recess/Lunch)
Uniform Shop:	Pastor Greg Peisley 4572 3633/0402 278 483 Tuesday/Wednesday/Friday
Canteens:	
Arndell Community Church:	

IMPORTANT TERM DATES-2009

Term 3 – 2009

Monday 27 July – Friday 2 October

Term 4 – 2009

Tuesday 20 October to Wednesday 9 December.

Tuesday 8 December – Infants Presentation Afternoon

Wednesday 9 December – Primary School Presentation Even.

Thursday 10 December – Senior School Presentation Even.

School Camps– 2009

Year 10 Camp – Waterslea (Nowra)

Monday 23 Nov to Wed 25 Nov



Arndell Community Church

A contemporary church for
YOU and YOUR FAMILY.

We meet every Sunday of the year at

10.15am Arndell Anglican College.

6pm Pitt Town Anglican Church Hall

110 Bathurst Street, Pitt Town

Contact: Greg Peisley

Café Connect: Tuesday/Friday Mornings 8.15am-9.30am

Students: Friday Lunch "The Way" meet in D1

Adults: Fridays "People Looking at God's Word"
9.25am at the College

All Welcome

Important Dates

Tuesday 11 August

Parent/Teacher Interviews
for Yrs 7, 8 and 9 (A to L) to be held in the Gymnasium
School Photos – Full Winter Uniform

Wednesday 12 August

School Photos – Full Sports Uniform

Monday 17th August

Yr 7 2nd Dose HPV Vaccinations
Yr 7 1st Dose Chickenpox Vaccinations

Tuesday 18 August

Parent/Teacher Interviews
for Yrs 7,8 and 9 (M to Z) to be held in the Gymnasium

ENROLMENTS FOR ALL YEARS IN 2010

We are enrolling for

Years 7, Prep and Kinder for 2010.

There are also a number of vacancies
in the other years.

Please contact the College Registrar
for more information.

Congratulations to Jordan Piper Year 7, who has been
selected to represent NSW at the Australian Karate
Federation national Championships in Adelaide this
week. Well done!

Brainteaser

Number 39

Every issue of the College newsletter will include a brainteaser
organised by Mr. Billeh. The answer will be published in the following
issue. Have fun and God bless you all.

Robert took a test of 20 questions. The test was graded by
giving 10 points for each correct answer and deducting 5 points
for each incorrect answer. Robert answered all 20 questions
and received a score of 125. How many wrong answers did he
have?

[Answer to brainteaser 38:](#)

2 hours 13 minutes.

The Online Welfare System: Mr A. Robinson/Mr J Webb

Due to ongoing efforts to improve communication between staff and parents, the College has developed a new Online Welfare System for the Secondary School.

Traditionally, the College Diary has been used as a communicative tool between staff and parents. However, from this term onwards, information regarding your child's welfare and academic performance will be entered directly into the Online Welfare System by a staff member. This information can be accessed by you through the Parent Portal within 48 hours of an entry being made or a weekly summary can be obtained either from the Parent Portal or, if necessary, your child's homeroom tutor. The College Diary will remain as an organisational tool for students.

By moving to this Online Welfare System, we hope to be able to cater more effectively for the needs of your child and to provide more immediate and direct feedback.

A letter outlining the new system and a request for up-to-date contact details has been given to your child. It is important that you read this letter carefully and forward the College any necessary information. You will receive a weekly email giving you access to your child's welfare summary if you have provided an up-to-date email address. If for some reason this letter has not reached you please contact the school to obtain another one.

If you have any queries or concerns please contact the IT Services Helpdesk by phone on (02) 45723633 or email at helpdesk@arndell.nsw.edu.au.

We look forward to working with you in this new and innovative manner.

Reminder to Parents of Yr 7 Students:

The 2nd dose of HPV and the 1st dose of the Chickenpox injections are due on Monday 17th August. Students in Yr 7 have been given documents to take home and be signed and returned back to the College no later than Friday 14th August.

Senior School Athletics Carnival: Miss M Southwell

Each year at the conclusion of the Senior School Athletics Carnival I reflect on the events of the day. This year was no different. Once again I am in awe of the talent of our students. I am encouraged by the students who enter event after event after event. I am appreciative of the students who assisted staff at various events. I am forever indebted to the amazing parent helpers (some are regular faces) who give up their time to assist. I am grateful to the staff that put in a full day's work – often without a break. And while each year my reflections focus on similar, if not the same, things, my thanks and congratulations are as honest today as they were 10 years ago when I ran my first carnival at Arndell.

I believe the College community is a very special one and this is often evident at carnivals. So once again thank you for your contribution, no matter how big or small, as you make the carnivals such a success.

Records:

It seems that records are getting more difficult to break. This year only 3 students managed to do so and they were all boys.

Congratulations to:

Jacob Roberts – 14 years 100m with a time of 11:80 sec

Jacob Roberts – 14 years 200m with a time of 24:48 sec

Alex Celio – Intermediate 1500m with a time of 4:58:44 (broke his own record)

Jackson Davies – 12 years Javelin with a distance of 22.02 m

House Championship Results:

1 st place – Chisholm	1123 points
2 nd place – Greenway	1100 points
3 rd place – Johnson	1024 points
4 th place – Macquarie	936 points
5 th place – Tebbutt	925 points

Age Champions will appear in a future edition of the Advocate, after announcements have been made at the senior assembly.

** If you do not wish for your child's photo to appear on the web site as part of the collage of photos, please contact me directly at the College before 14th August **



Arndell Sports Desk: Mrs Rosemary Cornick

Important sport dates:

Representative Sport:

SASC Netball Championships, Thursday 6th August, Kellyville netball Courts, Wellgate Rd, Kellyville
CSSA Primary Zone Boys Soccer Monday 10th August, Bernie Mullane Kellyville.
Rescheduled event CSSA Primary Zone Girls Soccer Monday 24th August, Jamieson Park, Penrith.
Rescheduled event CSSA State Metro Cup Soccer & Netball, Monday 31st August.



Representative Carnivals:

CSSA Primary Zone Athletics Carnival Thursday 13th August, Blacktown Olympic Park
HZSA Secondary Athletics Carnival Friday 14th August, Sydney Athletic Centre, Homebush
HZSA Primary Athletics Carnival Monday 17th August, Alfred Whaling reserve, Roxborough Park, Baulkham Hills
CSSA State Athletics Carnival Wednesday 19th August, Sydney Athletics Centre, Homebush
AICES Secondary Athletics Carnival, Wednesday 9th September, Sydney Athletics Centre, Homebush
CIS Primary Athletics Carnival, Tuesday 15th September, Sydney Athletics Centre, Homebush
CIS Secondary Athletics Carnival, Tuesday 22nd September, Sydney Athletics Centre, Homebush.

HZSA Trimester 3 Inter School Sport Starts week beginning Monday 31st August.

Sign on Lists in the Gym for Boys & Girls Touch Junior, Intermediate & Senior divisions, Girls Softball Junior & Senior Divisions, Boys & Girls Yr 7 Tennis, Junior & Senior Boys Outdoor Cricket.

Sport Photos Wednesday 12th August. All students must be in Full Winter PE Uniform including full tracksuit.

From the P & F: Mrs Neile Thompson

After seven years of commitment to the Equestrian Carnival Bob Gribbin has decided to stand down from his position as President of the Equestrian Committee. The P&F Association and the College as a whole would like to thank Bob for the wonderful contribution he has made over the years and the enormous effort and energy he has given to this annual carnival, maintaining it as our most successful long-term fundraiser.

The next meeting of the **Equestrian Committee will be held on Monday morning, August 10th at 9.00am** in the Staff Common Room (beside Student Services) to formalise the Equestrian Committee – Chairperson, Secretary & Treasurer – and to continue the planning for this year's carnival on Saturday, September 26th at Clarendon Showgrounds. Don't forget, you don't need any horsey knowledge or experience, or even an interest in horses, to help out ... I'm proof of that! There are plenty of jobs for those of us who know nothing! If you would like to be involved but can't make the meeting please contact us by email pandf@arndell.nsw.edu.au or phone Laura Thorpe on 0416212260 or Teena Welsh 0425254412.



In the next couple of weeks we will be launching the ARNDELL COLLEGE BUSINESS DIRECTORY. The question, "Do you know someone that does?" or "Is there someone in the school that can?" is asked over and over again, so to make the answer easier we will be compiling the 2009 directory. The P&F produced one way back in 2003 but an update is long overdue! This year's directory will be linked to the school website for easy access – hard copies will also be available if some generous Printer (sure to be listed in the new directory!) can help us keep our printing costs down. Full details about how you can list your business will be available soon.

GOLFERS! Stay tuned ... details on the 2009 Golf Day will be released next week!

As always, if you have any ideas, comments or suggestions please contact us on pandf@arndell.nsw.edu.au or phone me on 0414 845 488. We look forward to hearing from you!

From the Equestrian Committee: Mrs Teena Welsh/Mrs Laura Thorpe

- Arndell Equestrian Photo is on Wednesday 12th August. All Arndell Equestrian Team Members will need to bring their full Equestrian uniform to school on that day (except for riding helmets)
- Arndell Equestrian Committee Meeting will be on Monday 10th August at 9am in Staff Common Room. All interested parties are invited to attend for finalisation of committee members roles. Please contact Teena Welsh if would like to be on the committee but are unable to attend 0425254412.
- Anyone requiring an Arndell Saddlecloth for the Arndell Equestrian Carnival please contact Teena Welsh as we have limited supply and may need to order more to be ready in time. 0425254412

Arndell Welcomes French Exchange Students For 2009

The French elective students from Years 9, 10 and 11 are once again hosting students from France who are spending time in Australia in order to perfect their English. The French students will be staying with families of the college and attending classes with the Arndell students over the coming two months.

We are fortunate enough to have four students, two boys and two girls, visiting us this year.

Valentin Pham, 15, from Paris staying with Eden and Dominic Thompson

Baptiste Perusin, 17, from Montpellier staying with Ellen Cooper

Bertille Nicolas, 16, living in Rome, staying with Holly Churchill Young

Camille Boitte, 15, from Lille, staying with Sarah and Amy Manefield.

Our thanks go to these families for enabling us to create such a worthwhile experience in terms of both language and culture for all concerned.





...for adolescents aged 13 -15 years

"The adolescent anxiety group is a group programme developed by the Macquarie University Anxiety Research Unit. The group is aimed at adolescents between the ages of 13 to 16 years of age. The program focuses primarily on teaching adolescents anxiety management strategies, with parents taking a supportive rather than an active role. The programme is theoretically grounded in the cognitive behavioural approach. The components include cognitive restructuring, gradual exposure, response prevention, behavioural experiments, parent training and social skills training. Each skill is designed to address one of the key factors that research suggests maintain problematic anxiety."

Course covers:

Psychoeducation

Realistic Thinking (CBT) Managing Anxiety
Social Skills training and Assertiveness

Exposure therapy

Behavioural role-plays and Problem Solving
Managing anxiety for Parents

Cost: FREE

When: 7th Sep 2009

Where: Rouse Hill (4:30pm start)

For more information...

Please talk to your school counsellor, GP, or call Jenny, Steve or Patrick at Hawkesbury-Hills Division of General Practice...

(02) 8884 9467

ARNDELL TALENT SPECTACULAR Final on FRIDAY, SEPTEMBER 4th 7:30pm

TICKETS NOW ON SALE

All tickets \$8 include supper at intermission and a chance to win
A LENOVO NETBOOK!!

Students will compete for a fantastic prizes, including \$1000 cash, concert tickets, Westfield and Windsor Riverview vouchers, a weekend stay in Sydney and more.....

Thanks to our major sponsor



And our associate sponsors:



ARNDELL P&F



JOIN OUR LIST OF SPONSORS. CONTACT MISS DOMAN AT THE COLLEGE TO FIND OUT HOW YOU CAN BE A PART OF THIS AMAZING STUDENT EVENT



ARNDELL ANGLICAN COLLEGE

118 Wolseley Road, Oakville, NSW
Postal Address: PO Box 4063, Pitt Town NSW 2756
Telephone (02) 4572 3633 Fax (02) 4572 3849

School Photo Days – 2009

TUESDAY 11 AUGUST– FULL WINTER UNIFORM

- All School/ Class & Individual Photos
- Family Groups, Staff Photo, Prefect (Jnr & Snr), All Music Photos & Musical Cast, Public Speaking & LEAP Photos.

WEDNESDAY 12 AUGUST – SPORTS UNIFORM

- Prep
- All Sports Photos
- Zone Swimming, Athletics, Cross Country Photos, and After School Sports & Gala Photos, Equestrian etc.

ENVELOPES FOR FAMILY GROUPS CAN BE OBTAINED FROM THE COLLEGE OFFICE.

**ALL ENVELOPES MUST BE RETURNED TO THE COLLEGE
ADMINISTRATION OFFICE
BEFORE MONDAY 10 AUGUST. (WITH PRE-PAYMENT MONEY
ENCLOSED)**

SPORT/ TEAM PHOTOS MAY BE ORDERED WHEN DISPLAYED AT A LATER DATE.

Class & Individual

- Please complete all details on the front of the envelope prior to returning it.
- The envelope must be returned to the College Administration office
- Please ensure that the correct money is in each envelope, as change cannot be given.
- All students will be in the class photograph & individual photo
- Additional envelopes are available from the College Office.

Family Photos (No “Buddy” Photos will be taken)

- Envelopes are available from the College Office for Family Photographs.
- Only those who return the Family Portrait Envelope with correct money will have Family Photographs. Please ensure that all details on the envelope are complete.
- The correct money should be in the Family Portrait Envelope, *NOT* added to the student’s Individual Photograph envelope.
- One member of the family should return the Family portrait envelope to his/her class/ homeroom teacher.

Raising the Sails at Arndell's Junior Assembly area.

