



# *The Arndell Advocate*

*Monday 31<sup>st</sup> October 2011*

*The Newsletter of Arndell Anglican College*

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*From the Headmaster: Mr Gareth Leechman*



## ***P&F Executive 2012***

Last Tuesday night the P&F Association hosted their AGM. The reason that this evening was brought forward was to enable a new executive team to be elected so that they could start 2012 on a more positive note. Mrs Donna Pellew, Mr Stefan Kaczmarczyk, Mrs Alison de Vocht and Mrs Megan Hanckel all stepped down from their roles and new executive were elected. I would like to thank Donna and her team for all they have done over the course of 2011 and I know for many of these people they will remain involved in the life of the college in some form. But a new team were elected and they are as follows:

**President** – Joanne Selff

**Vice-President** – Laura Thorpe

**Secretary** – Julie Read

**Treasurer** – Fiona Christopher

I look forward to seeing what these new team of people will bring to the college in 2012 and I encourage all of our parental body to support them as they seek to implement their plans.

## ***Equestrian Carnival 2011***

On behalf of the college community I would like to thank everyone who was involved in the organisation and running of this year's very successful Equestrian Carnival. Laura Thorpe and her committee did an excellent job of conducting the carnival but this would not have been achieved without the support of so many of you who were able to turn up on the day to assist in a variety of ways. This year we saw a significant increase in the number of horses and riders compete as well as increased sponsorship of the event. Your efforts have not gone unnoticed and I hope that you will all rally around the committee again in 2012 as they seek to conduct another very successful carnival.

I would also like to thank Mr Adam Sammut from IT Support who gave a great deal of time to make sure all the IT needs were met.

## ***Junior School Leaders 2012***

I am aware the Rev Peterson and his team have made their final selections in regards to Junior School Captains and Prefects for 2012 and so you will have to read his section to find out who they are. I congratulate these students on this achievement, yet at the same time remind them that they have been called to serve the needs of other not their own. House Captains and House Vice Captains will be appointed in the coming weeks.

## *From the Head of Junior School: Rev. Keith Peterson*



### **Resilience Doughnut?**

At Arndell Anglican College Junior School we do recognize and celebrate the call to serve our children and families in the fullest way possible. This is our privilege, for we do not see 'education' as being something in any way enclosed by the classroom – but rather as something wonderfully alive and multi-dimensional, that touches, informs and enriches the whole of life, and which can happen and develop most effectively as part of a vibrant two-way partnership between home and school. Our aim is to continue to shape and nurture the Junior School as a community of care.

It is therefore a great pleasure to be able to invite you to our first '**Resilience Doughnut: Information Evening for Parents K - 6**' on **Thursday November 10<sup>th</sup>** in the Junior School Library. The session will run from 6:30pm – 8:00pm and will be led by psychologist Mrs Erin Patten, who is a member of 'The Resilience Doughnut' core team, based in Sydney, whilst also being part of the student support staff at the Junior School.

So what is 'The Resilience Doughnut'? : [www.theresiliencedoughnut.com.au](http://www.theresiliencedoughnut.com.au)

It is an approach pioneered by Sydney psychologist Lyn Worsley, designed to further encourage hope, optimism and resilience in children, which is having increasing impact in schools and families across Australia. It is a 'strengths based' program - (which in the Junior School we are starting to introduce on a trial basis this term in Year 4 and Year 6) - which seeks to build resilience and optimism into children and families by identifying key areas of children's strength (with reference to seven bite sized areas – hence the doughnut!) and then looks to identify and to build ways to make those strengths even stronger.

It is an approach – '*combining strengths to thrive*' - very much designed to help parents and carers to find out ways to support their children as they grow and change and face the inevitable difficulties that life sometimes brings.

After attending a "Resilience Doughnut" session, one parent described its impact this way,

*'The Resilience Doughnut completely changed how I was approaching my kids. I was trying to help them by fixing the problems. Now I focus on their strengths and it really works. The flow on effect is evident in my son's change in attitude at school.'*

Please do come along to 'The Resilience Doughnut Parents / Carers Information Evening' on Thursday November 10<sup>th</sup> to learn more! You are certainly very welcome indeed!

### **Junior School Leaders 2012**

The Junior School has completed the preliminary stage towards the appointment of our Junior School Student Leaders for 2012. This preliminary stage has included the presentation by students, to an audience of staff and children, of a series of excellent, thoughtful and very well delivered speeches and a following process of consultation through voting by the Year 4; 5 and 6 cohorts; and consultation with the Junior School Staff and the School Executive.

As a result of this carefully measured process, and with my personal sincere thanks to all the students who have chosen to be involved so far, I am able to make a preliminary announcement as regards the following leadership roles for 2012:

#### **Junior School Captains: 2012**

- Harrison Chambers and Brooke Ellison

#### **Junior School Prefects: 2012**

- Sara Selff: David Sproule: Kate Hogan: Dylan Dauncey: Stephanie Humphrey: Cooper Elven

Students in Year 5 will now be invited to nominate for the positions of Junior School House Captain and Vice Captain, with a parallel process of presentation and consultation to follow.

## Scholarships for 2013

Scholarships are available for students who are entering Year 7, Year 9 and Year 11 2013. If you are interested in your child sitting for a scholarship, please register, no later than **Monday 6<sup>th</sup> February 2012** by going to the website [www.ardell.nsw.edu.au](http://www.ardell.nsw.edu.au) where you will see ACER Scholarships, and follow the guidelines.

The scholarship examination will be held on **Saturday 25<sup>th</sup> February 2012** at Arndell Anglican College beginning at 8.45am and finishing at approximately 12.00pm.

For **Performing Art Scholarships** and **All Rounder Scholarships**, you will need to apply to

Mrs Barbra Whelan on 45 452472 for the application information.

**Performing Art Scholarships** will in addition to sitting the scholarship examination, also need to have an audition in their chosen disciplines and an **All Rounder Scholarship** will in addition to sitting the scholarship examination will need to complete the application with the documentary evidence.

If you wish to see further information, please contact the College and speak with Mrs Whelan on 45 452472.

## Congratulations to Ben Thornton

Ben is a member of the Oakville Fire Brigade who sent a team of Cadets from 4th to 7th October 2011 to the National Cadet Championships held at Myuna Bay. The Championships were attended by teams from Victoria, Western Australia, Queensland, New South Wales, and New Zealand.

The Oakville Team stormed home with a first overall and was awarded the National Cadet Title with wins and placings in the following events,

Portable pump relay(4), Two lines-Two lengths(3), Knapsack Relay(5), Light Tanker & Hand tool(4), Station Response Drill(1), Tanker and Ladder(1), Team Challenge(5)

The events were conducted at the Myuna Bay Sports & Recreation facility and surrounding area. There were team building events which included the building of a raft and racing it around a course and a kayak rowing scenario. The Championship also allowed the cadets to make new friends and share ideas with other teams.



## Arndell Sports Desk

**Please Note: 2012 Sports dates are on the Calender on the College Website**

**SASC Netball Championships:** The results for 2011:

<b>3/4 Division</b> 1st – Arndell A 2nd- Thomas Hassall 3rd – Rouse Hill A 4th - Claremont A 5th - Claremont B 6th - Arndell B 7th – Richard Johnson 8th – Mamre 9 <sup>th</sup> – Claremont C & Rouse Hill B	<b>5/6 Division</b> 1st – Arndell A 2nd- Shellharbour 3rd – Rouse Hill A & Thomas Hassall 4th - Claremont A 5th - Claremont B 6th - Arndell B 7th – Claremont D 8th – Claremont C & Richard Johnson	<b>7/8 Division</b> 1st – Nowra A 2nd- Rouse Hill 3rd – Arndell 4th – Richard Johnson 5th - Nowra B  <b>9/10 Division</b> 1st – Rouse Hill A 2nd - Shellharbour 3rd – Richard Johnson 4th – Arndell 5th - Rouse Hill B
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Arndell Anglican College entered 6 teams to compete in the Sydney Anglican Schools Corporation (SASC) Netball Challenge at Kellyville Courts this week. Eight schools took part with Nowra and Shellharbour travelling the greatest distance to compete. Though the day was un-seasonally hot, the standard was high, and efforts were well rewarded with all 6 teams in the Semi Finals. The 3/4 A team, coached by Mrs Chan, won the finals against Thomas Hassell by 1 point. The 5/6 A team, coached by Mrs Toni Patterson (parent), went into the Finals undefeated proving too tough for Shellharbour. Thank you to Molly Hogan (ex student) and Mrs Jones and Miss Southwell for coaching. A special thanks to Maddy Eglin, Lauren Sinclair and Mia Quinn for umpiring, a tremendous commitment and support to our teams. And thank you too the parents who came to support and assist the coaches where needed. An event such as this is a tremendous opportunity for our netballers to develop their own skills and appreciate the value of teamwork. Well done Arndell!

### **Senior School Sport:**

**Congratulations to Jake Hilder** who was selected to trial for AICES at the NSW CIS 15s Cricket Trials. Unfortunately Jake didn't get further selection. Harry Ridegwell and Will Cullen trialled for HZSA for a place in the AICES squad of 10 but unfortunately did not gain further selection.

**HZSA** Trimester 3 competitions: Senior Girls Touch Football is in the final round before Semi finals. The Junior Boys Cricket coached by Mr Stephens, commenced Tuesday 18<sup>th</sup> October. The draw will be available at the beginning of term from Mrs Cornick or on the HZSA website [www.hillszone.com.au](http://www.hillszone.com.au). All results can be accessed from the HZSA site.

**Country & City Cricket Knock Out competition:** Arndell has entered the Junior Boys cricket team into the Wiburd Shield Knock Out competition. Mr Lavelle and Mr Fairley have offered to take this team. If there are any Yr 9 students who are not playing and would like to be considered please see Mrs Cornick. This competition will be played during school time. Further information will be posted when the draw has been finalised.

### **A reminder to all students playing sport for the school and their Parents: Wet Weather**

**NO GAMES WILL BE CANCELLED BEFORE 11.30AM. A notice will be posted on the Sport Notice board outside the Gym and on the door at Student Services. It is your responsibility to check on the day of your game.** This procedure is outlined in the commitment letter sent home at the start of the season. This avoids numerous phone calls to the College throughout the morning. Students unavailable to play on their given day are to see their coach or Mrs Cornick the day prior to their game. Unfortunately this week we had to forfeit a game at the venue as only one player turned up from the team. This could have been avoided if students had followed the procedures put in place.

#### **AICES Colour & Honour Certificates**

Awarded to students in Years 11 & 12 who represented AICES in a Team Sport:

- Olivia Buccini – AICES & CIS Tennis – Colour
- Kimberlee Currell – AICES & CIS Swimming – Colour & Honour
- Isabella Garland – AICES Netball – Colour
- Rosanna Peterson – AICES Hockey – Colour
- Ben Tuynman – AICES Rugby – Colour
- CJ Thomas – CIS Golf – Honour
- Matt Robertson – CIS Golf - Honour

#### **IMPORTANT DATES FOR SENIOR SPORT:**

- **HZSA Triathlon 2011: November 11<sup>th</sup>.** Nomination forms will be available early Term 4 from the Gym. **For those students who have already picked up an entry form, please check the Notice board for changes to the distances in some age groups.**
- **CIS Gymnastics:** Nominations due October 24<sup>th</sup>, Competition day November 4<sup>th</sup>. Information can be downloaded from CIS sport at [www.aisnsw.edu.au](http://www.aisnsw.edu.au). Students wishing to compete must be Level 3 or above.

### **JUNIOR SCHOOL SPORT**

#### **IMPORTANT DATES FOR JUNIOR SPORT:**

- **NSWCIS Gymnastics:** Competition day November 4<sup>th</sup>. Students wishing to compete must be Level 3 or above. Information available from Mrs Cornick.
- **HZSA Triathlon 2011: November 11<sup>th</sup>.** Nomination forms for Yr 5&6 will be available early Term 4 from the Gym. **For those students who have already picked up an entry form, please check the Notice board for changes to the distances in some age groups.**

### Student Achievements:

- **Congratulations to Blake Atkins (yr9)** who came first in his age group at the Hawkesbury 120 water ski race.
- **Congratulations** to all our girls who compete for Pitt Town and Poppets Netball Clubs on a tremendous season. All teams were finalists.
- **Congratulations to Stephanie Humphrey (yr5)** who competed in the first round of the Inter Schools Individual Triathlon Series at Penrith finishing 3<sup>rd</sup> overall in the U15 age group

### **Arndell Equestrian Carnival Report: Laura Thorpe (Equestrian Co-ordinator)**

I would like to take this opportunity to thank all those who were involved in the Arndell Interschool Equestrian Carnival on the 24<sup>th</sup> of September 2011: competitors, parents, staff, and students, who assisted in the planning and running of the carnival. The day was a huge success in many ways; for fundraising, organisation, and especially for competitors who enjoyed the opportunity to display their talents.

A special thank you to those parents and staff that assisted on the day with the recording of sporting events, stewarding on the rings, and selling guessing competition tickets. The day ran very smoothly for the competitors and was enjoyed by all.

Our kind sponsors contributed to the success of this event and I thank them for their generous donations. The competitors and guessing competition winners were thrilled with the wonderful prizes which were donated.



Also, a huge thank you must go to Margot Shore and Rachel Smyth who gave up so much of their time attending weekly meetings over the past few months, for the benefit of the carnival.

Despite the hard work, it was a fantastic day, and we hope next year is just as successful as this year's competition.

Finally congratulations to the following major prize winners in our Guessing Competition and thank you to everyone who purchased a ticket.

**Prize winners** 1st Kerry Manning

2nd Judy Annison

3rd Madeleine Leva

4th Kim Hewitt

I look forward to Arndell's Equestrian Carnival next year.



*Arndell Anglican College*  
*Directory:*

<b>Headmaster:</b>	Mr Gareth Leechman
<b>Deputy Headmaster:</b>	Mr James Webb
<b>Director of Studies:</b>	Mrs Lynn Gillen
<b>Head of Junior School:</b>	Rev. Keith Peterson
<b>Uniform Shop:</b>	Mrs Liz Moore 45 723254 Tuesday/Thursday 8.30 – 10.30am/2.30 – 4.pm
<b>After School Care:</b>	0407 474 161 (3.30-5.30pm)
<b>Equestrian:</b>	Mrs Laura Thorpe 0416 212 260 <a href="mailto:equestrian@arndell.nsw.dedu.au">equestrian@arndell.nsw.dedu.au</a>
Mrs Anna MacDonald	<a href="mailto:p.amac@bigpond.com">p.amac@bigpond.com</a>
<b>P &amp; F President:</b>	Mrs Jo Selff <a href="mailto:pandf@arndell.nsw.edu.au">pandf@arndell.nsw.edu.au</a>
<b>Canteens:</b>	Monday-Friday (Recess/Lunch)

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**Term Dates for 2011**

**Term 4**

**Tuesday 11 October to Thursday 8 December**

Monday 5 December – Yr 10 Formal  
Tuesday 6 December – Infants Presentation Afternoon  
Wednesday 7 December – Primary School Presentation Even.  
Wednesday 7 December - Last day for all Junior School Students  
Thursday 8 December – Senior School Presentation Even.  
Thursday 8 December – Last Day for all Senior School Students.

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**Term Dates for 2012**

**Term 1**

**Monday 20 January to Thursday 5 April**

Monday 23<sup>rd</sup> January – All Staff return  
Monday 30 January – Prep, KG, Yrs 7,11 and Yr 12 return  
Tuesday 31 January – remaining Students return  
Thursday 5 April – Term Finishes

**Term 2**

**Monday 23 April – Friday 22 June**

**Term 3**

**Tuesday 17 July to Friday 21 September**

Monday 16 July – Staff Development Day

**Term 4**

**Tuesday 9 October to Friday 7 December**

Wednesday 5 December – Infants Presentation Afternoon  
Thursday 6 December – Primary School Presentation Evening  
Friday 7 December – Senior School Presentation Evening

