



The Arndell Advocate

Monday 18 February 2013

The Newsletter of Arndell Anglican College

From the Head of the Junior School: Rev. Keith Peterson



Australia is suffering a growing epidemic of child obesity! BEWARE the danger of the emergence of a whole current generation of unfit children? Something must be done NOW!

Headlines certainly don't always shout truth, but there does appear little doubt that these headlines are supported by a considerable body of research indicating a measure of real national concern re: the health of our children. And even if that concern might be very difficult to quantify region by region there is surely enough of truth here for us to look to energetically make a positive and planned response?

And even more so when that response might be targeted to achieve the potential for a wider quality of equal opportunity and invitation to achievement across the Junior School – so that each student in the Junior School might be supported to achieve to their very best *in all areas of the curriculum*; academically; across the creative arts; **and in PE / Sport.**

This is why the College has made the key decision to promote its PDHPE Program in the Junior School by generously and strategically deciding to make targeted provision to add the brilliant resource of a specialist PE Teacher to the Junior School Staff from Term 1, 2013.

For, as Christina Curry, *Lecturer in Education at UWS*, has recently commented,

*'It is imperative that our children are encouraged to participate in physical activity, and that these experiences lead to a lifelong involvement in physical activity .Children need the value of lifelong physical activity to be installed in them from a young age. In some cases this is achieved through family, **but more often it relies on the School to ensure PE is embedded in their lives and that children's experience with PE are positive and worthwhile.***

Specialised PE teachers are confident and passionate about PE. They complete four years of training to ensure they have skills and knowledge to provide our children with quality PE. They release the barriers that can exist for PE where classroom teachers already have so many other curriculum pressures placed upon them'.(Christina Curry: Why Primary Schools are desperate for specialised PE Teachers: 21st Century Learning: UWS)

I remember once being taught drama by my class teacher and then being taught by an actor. Both did a very good job – but one really made that special, on-going, difference?

So being able to equally offer each one of our children, Prep to Year 6, the insight and enthusiasm of a specialist PE Teacher – particularly one of the highly proven qualities of Mrs Cornick – surely represents a new initiative of the highest potential and importance.

For yes – to affect a specifically timetabled program, which meets and then has ambition to go beyond BOS Outcomes (the School's statutory requirement), is a bit of a mind changer. And yes, the extended quality of the curriculum program is the reason why we have requested that students wear School Uniform (PE / Sport) for two days so that, for each PE/Sport session they can participate fully in a renewed schedule in which each

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lesson assumes a high quality of movement and activity and where a specialist activity like gymnastics (previously accessible only through a time-limited program) can only be fully effected by girls and boys if in Junior School PE Uniform.

This deliberate 'up-grading' of PE / Sport is also our response to the overwhelming body of educational research indicating that children who have provision for quality physical activity are also the most mind active, the best and most receptive learners.

I do apologise if sometimes the perception may appear that important change just comes out of the air?

But please do be assured that the Junior School has acted as promptly as it has been able in this instance – and with a high measure of professional intentionality and conviction.

Christina Curry finally comments,

'In a society that is facing serious health issues; the importance of the teaching of PE in our primary schools is often seriously neglected'.

I do believe that, as Term 1, and as our new PE / Sports program commences, it is a matter of very real significance for each of our children, Prep to Year 6, that it is only the opposite of this that can be securely said of Arndell Anglican College Junior School!!!

With grateful thanks for your continuing partnership in the developing life and achievement of our school.

Junior School Book Fair

This is a special invitation to our 'All Star' Scholastic Book Fair coming to our school on Monday 11th March. Browse through a great selection of newly published fiction and information books for children. You may purchase books for home and/or for donation to your child's class library. The Book Fair runs from Monday 11th March to Wednesday 13th March in the Junior School Library before school and after school. I look forward to seeing you then!

Mrs Elva Miller – Junior School Librarian

Junior School Choir

Junior School Choir will begin this week on Wednesday 20th February at 3.10pm until 3.45pm. Junior Choir is open to any student in K-6 who loves to sing! The Choral group meets at the 5 Blue classroom straight after school each Wednesday. Please note the earlier finishing time of 3.45pm!

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Contact: Douglas Cooper, M.A. M.Sc. Dip. Ed.

0418617337

Equestrian News: Miss Kristen Bailey

The interschool competition year has already started with entries now closed for NSW State Interschool Championships to be held at SIEC from Thursday 28th February – Sunday 3rd March. With many more events to come over this year I would like to be able to make contact with parents and riders and I ask if you and your family are thinking of representing Arndell Anglican College during this year to send me an email with riders names and their year to equestrian@arndell.nsw.edu.au. This way I can email programs and entry dates, entry procedures and follow up riders results.



I look forward to a successful year of riding.

From the Parents and Friends Committee: Mrs Joanne Selff (P & F President)

Tuesday 19 February 2013

Our first P&F meeting will be held in the Junior Library on 19 February 2013 at 7.30pm. At this meeting we look forward to an address from Mr Leechman on important school matters, discussing P&F expenditure for 2013 and we will be updating the P&F constitution.

The P&F is an important link between the school and its parents. Please contact us if you have any suggestions or issues that you would like raised. Our main aim for 2013 is to promote a sense of community spirit within the school and to provide our kids with that little bit extra.

Save the Date !!!

Trivia Night – 80's Theme

Saturday 23 March 7pm – College Gym

\$15.00 per person

BYO Snacks and drinks

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NSW Adolescent Vaccination Program 2013.

The NSW Health provides a school-based vaccination service each year to offer vaccines recommended for adolescents by the national Health and Medical Research Council.

- Year 7 boys and girls will receive their 1st does of HPV and Hep B
- Year 9 boys only will receive their 1st does of HPV

Vaccinations will take place at Arndell on **25 February**. Information has been given to your child with regards to the vaccinations that they will receive. Parents are asked to read the information and sign the forms (either with a black or blue pen) and **return them back to the College no later than 22 February 2013**.

Only students who have this vaccine specific consent form signed by their parent/guardian will be vaccinated

Uniform Shop News: Mrs Elizabeth Moore

It is time to try on your blazer as Blazer fitting day is less than 2 weeks away (Thursday 28th February). See details below.

Every student in the College (K-12) will require a Blazer to wear with their winter uniform. Whilst winter changeover does not occur until Monday 13 May, now is the time to decide if your current blazer will still fit, or if you require a new one (or a 2nd hand blazer). In past years we have had many students without a blazer that fitted them simply because they had grown out of last year's blazer and didn't realize until after the fitting day. If you have outgrown your old blazer, and it is in good condition (new logo, in good repair and dry cleaned), it may be brought to the uniform shop to sell in the 2nd hand clothing pool. Many families are looking for good quality 2nd hand blazers, so get them in ASAP.

Blazer fittings will be held on Thursday 28th February 2013

Students must be at school on this day to be fitted. The fitting of Year 7 students will commence at 8.30am in the uniform shop. Years 8 – 12 will follow at a time to be advised on the day. Junior school students who have prepaid their deposit will be collected from their classrooms during the course of the morning. Blazers are a compulsory part of the Arndell Anglican College Uniform and they are individually fitted for each student.

Jnr. Girls (Years K-6) \$180.00

Jnr. Boys (Years K-6) \$230.00

High School Girls (Years 7-10) \$185.00

High School Boys (Years 7-10) \$235.00

Snr. Girls (Years 11-12) \$210.00

Snr. Boys (Years 11-12) \$260.00

- **Note:** Boys Blazers have extra details e.g. pockets and lapels. Prices include fittings, alterations and GST.
- An **\$80.00 deposit** is required to confirm and register your child for a fitting. This must be paid to the Uniform Shop before Tuesday 26 February 2013 or your child cannot be fitted. A late fee **\$30.00** will apply to anybody requiring a fitting after 28 February 2013.
- **Years 11/12** students requiring a senior stripe to be applied to their blazer will automatically be applied at the above price. If you currently have a blazer that fits please bring your dry-cleaned blazer to the Uniform Shop before Tuesday 6 March and a senior stripe will be applied at a cost of \$25.00, to be paid in advance.

Second Hand Blazers: anyone wishing to sell their blazer (in good condition, with the current logo and dry-cleaned) can bring them into the uniform shop now.



P&F MEETING

Wolseley Road, Oakville, NSW
PO Box 4063, Pitt Town, NSW 2756
Telephone (02) 4572 3633

P&F President
pandf@arndell.nsw.edu.au

Tuesday 19th Feb
7:30pm
Junior Library

*Come along and meet members of
the Executive Teaching Staff and P&F
Committee.*

*Mr. Leechman will be discussing school
plans and initiatives for 2013.*

*All members of the School
Community are warmly
welcome*

See you there!



Arndell Anglican College Directory

Headmaster:	Mr Gareth Leechman
Deputy Headmaster/Head of Senior School:	Mr James Webb
Head of Junior School:	Rev'd Keith Peterson
Director of Curriculum and Policy:	Mrs Karen Merrick
Director of Teaching and Learning:	Mr Jim Milford
Director of Staff and Student Welfare:	Mrs Lynn Gillen
College Counsellor:	Mrs Julie Nixon – 4545 2461
Uniform Shop:	Mrs Liz Moore – 4572 3254 Tuesday/Thursdays from 8.2am – 11am/2.30pm – 4pm Camp Australia – 1300 105 343 (for bookings) www.campaustralia.com.au After School Care from 2.30pm - 0401 904 531 (at Arndell only)
After School Care:	
P & F President:	Mrs Jo Selff pandf@arndell.nsw.edu.au
Equestrian:	equestrian@arndell.nsw.edu.au
Funday Co-ordinator:	Mrs Alannah Norman – 0404 033 994 Funday@arndell.nsw.edu.au
Canteens:	Monday – Friday - 4545 2486 (Recess / Lunch)

Term Dates 2013

Term 1	Tuesday 29 January Wednesday 30 January Friday 29 March Monday 1 April Friday 12 April	Term 1 for Prep 2D, KG, Yrs 7, 11 and 12 All remaining students Good Friday - holiday Easter Monday – holiday Term 1 Finishes
Term 2	Monday 29 April Monday 10 June Friday 21 June	Term 2 Commences for all students Queen's Birthday Weekend Term 2 Finishes
Term 3	Monday 15 July Tuesday 16 July Friday 20 September	Staff Development Day Term 3 Commences for all students Term 3 Finishes
Term 4	Tuesday 8 October Tuesday 8 December Wednesday 4 December Thursday 5 December Friday 6 December	Term 4 commences for all students Infants Presentation Afternoon Primary School Presentation Evening Students last day for 203 Senior School Presentation Evening Staff Development Day