



Head of Sport

Mr Gordon

It has been wonderful to see students taking hold of opportunities presented here at Arndell. Whilst we have a range of sports offered through the Hillzone, AICES and CIS organisations, students do participate at outside events and we are always keen to hear about these so that where possible, we can inform the Arndell Community of their performances and success. Already we have one student, Jack Wickenden from year 9, compete in Little Athletics and is now awaiting news regarding selection for State Little A's in hurdles. Please let us know if you are involved in events not affiliated with the normal college sport program so that we can support you in your endeavours where possible.

Last week we managed to get our first coaching unit started with Wayne Holdsworth, a former NSW and Australian First Class Cricket Player, taking 6 students in a specialized coaching session. The students thoroughly enjoyed the opportunity and we plan for more of these in the future.

Finally, last Friday evening, I had the privilege of attending the CIS Awards where one of our students, Jesse-James Phipps in Year 7, received an award for best and fairest for his involvement in the CIS Primary Rugby Championships last year. This is a magnificent achievement and he is to be congratulated for his good sportsmanship and performances as a member of that team.

Arndell

- **NEW INITIATIVE** - One initiative to start this term is the Inter-House Sports Cup. This involves all four houses competing in different sports throughout the year at lunchtimes during a set week. In term one, we have a 6-side boys Soccer comp, followed by a girls Netball comp in term 3. Each of these will see two age competitions, a Years 7—9 and a Years 10—12. Our final competition, scheduled for term 4, will be a mixed Touch Football competition. The goals behind this are to not only foster house spirit but to help develop the competitive knowledge and understanding of these sports that will assist for Hillzone Afternoon Sport. We look forward to getting this underway later in the term.
- Swimming Results are on the website—the top 6 places in each event have been listed

HZSA

- Open Boys & Girls Basketball Trials – Feb 26 (Boys @ Northholm, Girls @ Tangara)
- HZSA Basketball School KO Championships, game versus Hills Adventist TBC
- HZSA Open Tennis Championships 11th March (Girls), 18th March (Boys)
- Swimming Notes are Overdue and must be returned immediately

AICES / CIS

- CIS Golf Southern Championships (Monday 25th February)
- Girls Open Hockey Trials—Nominations due Friday 15th March

Important Dates

- HZSA Swimming - Sydney Aquatic Centre (Years 7 – 12) Tuesday 5th March 2013
8.00am – 3.30pm



HZSA Afternoon Sport Results

SPORT	TEAM	OPPOSITION	RESULTS
Indoor Futsal	Junior Boys	WCC	Loss
Indoor Futsal	Senior Boys	Rouse Hill	Loss
Indoor Futsal	Junior Girls	Gilroy	Win

Draws

SPORT	TEAM	OPPOSITION	VENUE
Indoor Futsal	Junior Boys	Competition Finished	
Indoor Futsal	Senior Boys	Competition Finished	
Indoor Futsal	Junior Girls	Competition Finished	



From the Students ...

“ It was really good. He was helpful and gave us good tips on our batting and bowling.”

Ryan Mizzi, Year 9

“ It was a great day which I really enjoyed. It was a great opportunity for me to receive some coaching from a First Class cricketer which I took a lot out of. I would love to do it again.”

Harry Ridgewell, Year 10



“The cricket coaching on Wednesday afternoon with Wayne Holdsworth was worth while and I would personally recommend the coaching to anyone who is playing at a high level of cricket. It was enjoyable and good for the kids involved in it!”



“ I loved being trained by Wayne Holdsworth and had a lot of fun.”

Liam Merrick, Year 6

“ I thought it was good getting tips by a former Aussie player. Thanks Wayne Holdsworth.”

Joshua Ferris, Year 6

“The session was very beneficial for all players involved, Wayne used his experience and expertise to help improve our skills and knowledge of the game. He spent time analysing and helping every person in a one-on-one environment as well as in a group. It was an interesting and fun session with all of us walking away having learnt something.”

Jake Hilder, Yr 10



Jesse-James Phipps receiving his award

Jesse-James Phipps was a member of the Rugby team that was awarded Primary School Team of the year at the CIS awards for the 2012 year.





Primary Sport Coordinator

Mrs Cornick

Welcome to Primary Sport for Term 1 2013. The term has already started at the speed of light with the Junior Swimming Carnival and the introduction of specialist Physical Education.

Some of the things students can look forward to:

- HZSA Gala Days Yr 3—6
- Yr 5 & 6 Boys Rugby 7s
- House Competitions at lunchtimes
- Representative Sport at HICES & CIS levels

We are in the process of a major update of the School Website. Once this transition has occurred you can expect to see regular weekly updates of sports action from the school community.

Arndell

- Primary Awards Assembly Friday 1st March—Presentation of Swimming Age Champions and House results.

HZSA

- Yr 5 Gala Day March 27th **(date change)** Students will compete in Tee ball & League Tag **(no tackle)**

HICES

- Representative Swimming: Thursday 7th March - T1 Week 6 - SAC Homebush. Letters sent home Friday 22nd February.
- Boys & Girls Football Trials: Friday 15th March. Clash with Yr 5/6 Camp. Students wishing to attend the trials will need to seek permission to miss the final day of camp. No alternative is available.

CIS / PSSA

- CIS Boys Cricket Trials March 11th: Nominations from Yrs 5& 6 who play competition cricket should be to Mrs Cornick by **February 25th**.
- CIS Representative Swimming: Wednesday 20th March – T1 Week 8 - SAC – Homebush
- PSSA Representative Swimming: Tuesday 2nd & Wednesday 3rd April – T1 Week 11 – SAC- Homebush